WELCOME TO OUR PRESENTATION



Presentation on drug abuse

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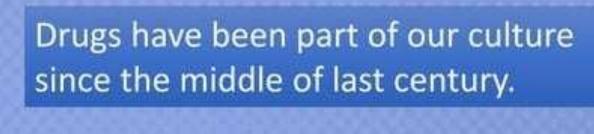
JESSORE UNIVERSITY OF SCIENCE & TECHNOLOGY.

TREATMENT smoking ALCOHOL issue heroin mental HEALTH BODY effects dangerous need DRUGS SCHOOL addiction OVERDOSE providers substance

Overview

- ➤ What is drug abuse ?
- > Physical & mental dependence,
- Cause of drug abuse,
- > Route of administration,
- Sign & symptoms of drug abuse,
- How drug addiction occur,
- Categories of drug abuse,
- Various types of abused drug, their side effect & mechanism of action,
- > Prevention & control of drug abuse.

What is drug?
A drug is any substance that, when absorbed into the body of a living organism, alters normal bodily function. Drugs are chemicals that change the way a person's body works by altering emotions and thoughts.



WHAT IS DRUG ABUSE



- □ Drug abuse may be defined as the habitual use of drugs not needed for therapeutic purposes, solely to alter one's mood, affect of state of consciousness, or to affect a body function unnecessarily.
- Continued use of drugs can lead to drug dependence, a state of physical & mental dependence.
- ☐ Commonly abused drugs:

Marijuana, Cocaine, Heroine, Alcohol.

(Sometimes sedatives, coffee and cigarettes can all be used to harmful excess.)

Sign & Symptoms of drug abuse

- ✓ Physical warning:
- -Bloodshot eyes,
- -Pupils larger or smaller than usual,
- -Changes in appetite or sleep patterns,
- -Sudden weight loss or weight gain,
- Deterioration of physical appearance,
- -Unusual smells on breath,
- -Impaired coordination.

- ✓ Behavioral warning:
- -Poor work,
- -Decline in performance,
- -Financial Problems,
- -Secretive behaviors,
- Sudden change in friends and associates,
- -Accident or trouble prone,
- -Lack of motivation and withdrawn,
- -Unexplained anxiety.



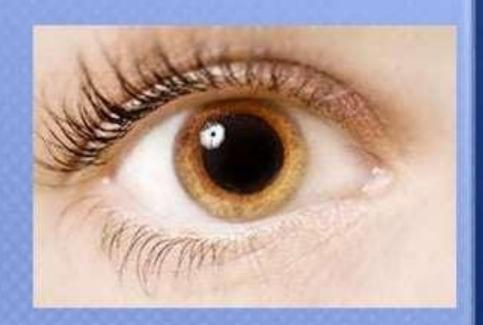




Effects of drug abuse:

Drug abuse leads to:

- Loss of coordination
- Poor judgment
- Slowed reflexes
- Distorted vision
- Memory loss





Age based statistics

Almost 5.8% of the adult population

Nearly 25% of youth population

The Progression of Drug Abuse

tobacco alcohol inhalants party drugs marijuana Rx drugs cocaine heroin

MAJOR PROBLEMS



Physical & Mental Dependence

In physical dependence, the body has been altered in ways that create cravings for the drug & manifests withdrawal symptoms.

In mental
dependence
individual believes
that optimal state of
well being is achieved
only through action of
drug.





Causes of Drug Abuse

- Unemployment
- Financial Burdens
- Socio-civilization culture
- Curiosity/ Experimentation
- Peer pressure
- Addiction
- Sexual Involvement
- Failure in exam
- Break- up Relationship
- Depression
- Illegal Relationship
- Others.....



Route of Administration

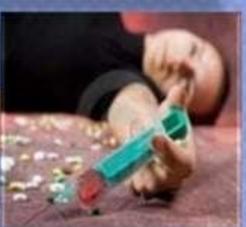
Oral





Snorting

Injection





Smoking

Categories of drug of abuse

Narcotics

Hallucinogens

Depressants

Stimulants



Cocaine





Amphetamine



Nicotine

Stimulants

Stimulants are drugs that

- > stimulate the brain and the central nervous system
- > increase the state of mental alertness
- > decrease appetite
- A) Amphetamines
- B) Cocaine
- C) Nicotine

Effects of Stimulants

- Wakefulness
- Alertness
- Increased energy
- Restlessness
- Euphoria
- Confusion
- Reduced appetite, increased talkativeness
- Increased breathing and heart rate
- Elevated blood pressure





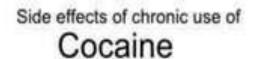
Cocaine

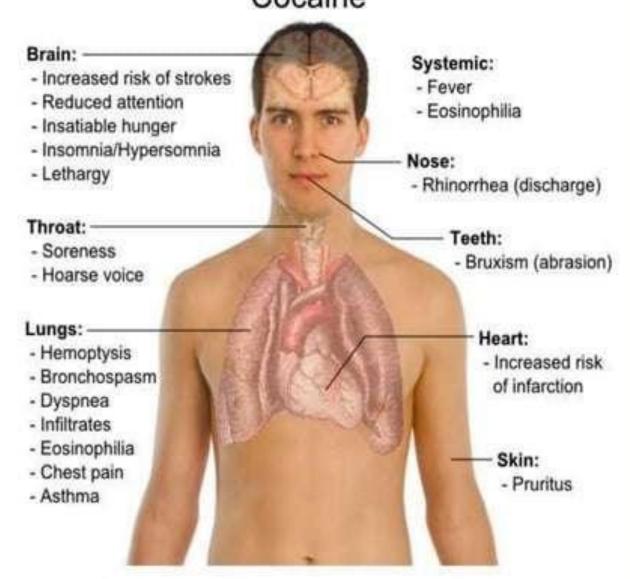
(Erythroxylon coca, local anesthetic & CNS stimulant)
Street name: Crack, Snow, Star dust, Charlie, Nose candy.

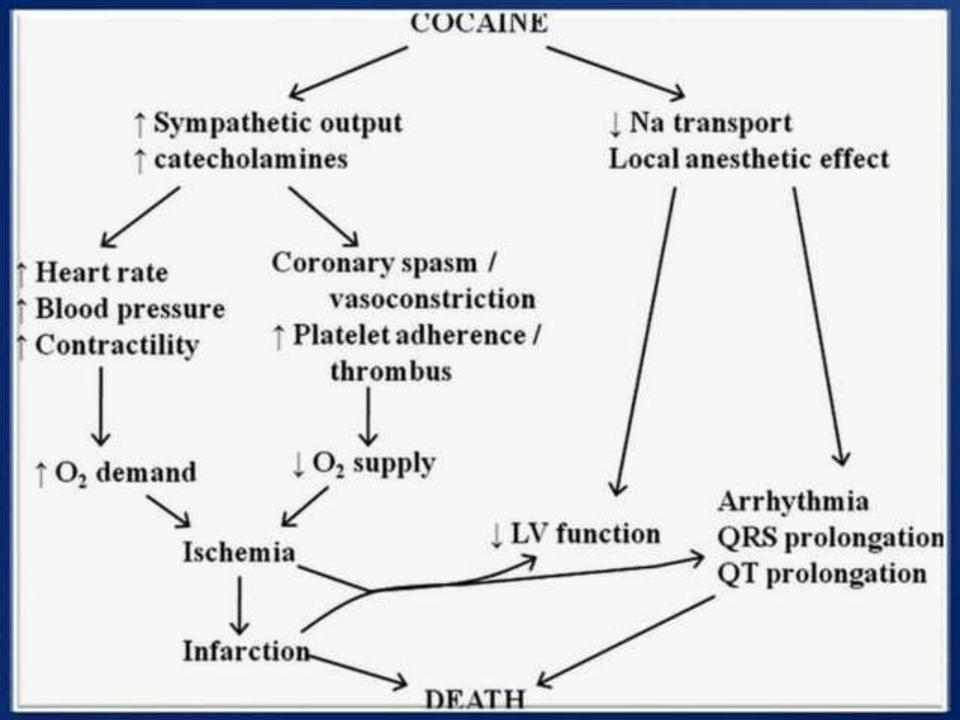


Sign & symptoms of cocaine abuse :

- ➤Increase agitation.
- ➤ Disinhibition
- Change in concentration & focus.
- ➤ Common cold like symptoms.
- Increase movement.

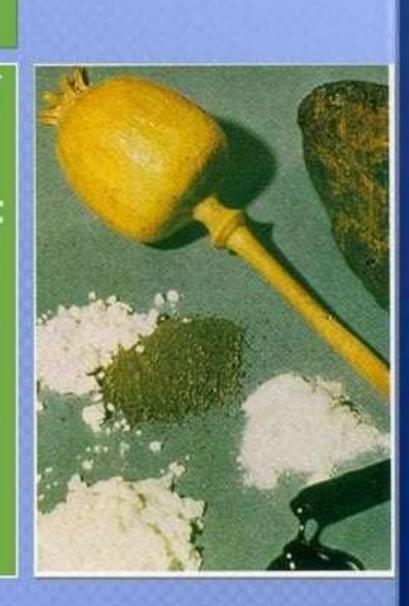






Heroine

- Most infamous product of opium poppy
- Current resurgence in use: white powder & black tar heroin
- High purity and skyrocketing profits
- Cheaper than "Oxy" and other pain meds



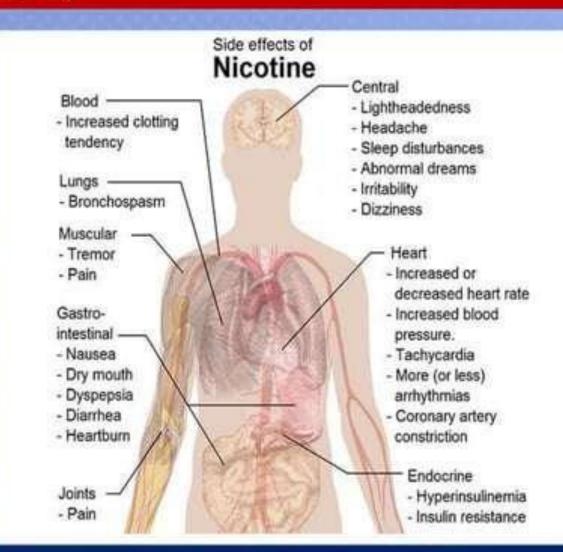


Nicotine

(Nicotiana tabacum, most addictive drug, potent parasympathomimetic stimulant)







How is nicotine addictive:

Over time, nicotine affects the neurotransmitter in the brain changing the way certain brain cells work.

When one stops using nicotine the changes remains for a while until the brain can revert back to normal state. These change are what cause the withdrawal symptoms

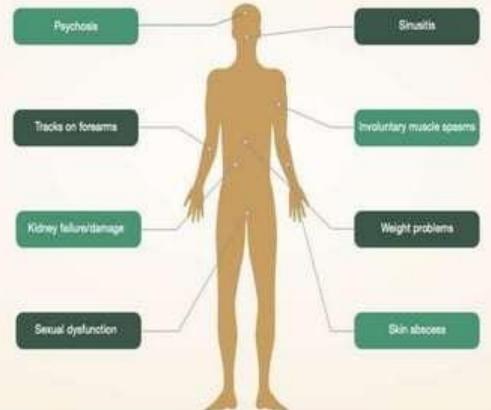
characteristics of addiction.



Amphetamine

(Potent CNS stimulant, phenyl amine derivative, used in attention deficit hyperactivity disorder, Street name: Black beauties, co-pilots, crystal meth, heart)

Amphetamine Long-Term Effects Abusing amphetamines over a long period of time can cause many mental and physical problems.





Sign & symptoms of amphetamine abuse :

- ➤Increased body temperature
- ➤Dry mouth
- ➤ Increased blood pressure
- ➤ Faster breathing
- ➤ Decreased appetite
- **≻**Euphoria



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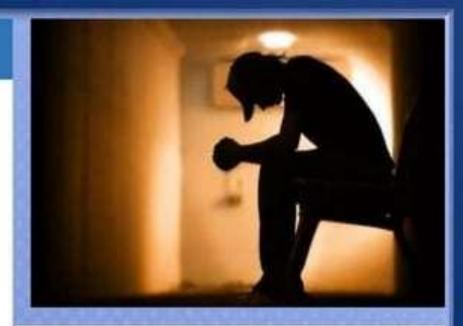


Depressant

Depressant is a substance that reduces the normal body activity, function or an instinctive desire such as appetite for food. It is also known as "downers".

Classification of depressants:

- >Alcohol
- **▶**Barbiturates
- ➤ Cannabis
- **▶**Opioids
- ▶ Benzodiazepines



Effects of Depressant

- Highly addictive
- · Produces sedation,
- Dizziness,
- Hypnosis, anxiety
- Permanently damage the developing fetus



ALCOHOL

Memory loss, impaired judgment, headaches, depression, anxiety, blackouts, insomnia

Cancers of the esophagus, mouth, throat

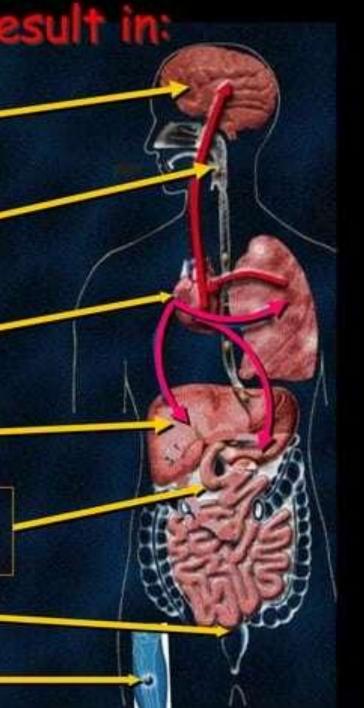
Heart disease, high blood pressure, stroke

Liver disease, liver cancer

Chronic stomach problems, GI bleeding, diarrhea, ulcers, malnutrition

Impotency, reproductive disorders

Muscle damage, osteoporosis



BENZODIAZEPINES

(Anxiolytic drug & have sedative, hypnotic, anti convulsant properties)
Street name: Benzos, Downers, Goofballs



Effects of benzodiazepines:

Normal therapeutic dose: Dry mouth, light headache, confusion.

Acute overdose:

▶Prolong sleep.

➤ Decrease libido.

Erection problem.

Mechanism of action:

Benzodiazepines

Binds with specific regulatory site of GABA receptor in the brain

Enhance GABA activity

Channel opening

Hyperpolarization

CNS depression

OPIOIDS

(Synthetic & semisynthetic compounds, used as analgesic & suppress diarrhea, cough

Street name: Dope, Painkillers, Oxy)

Effects of opioids:

Common:

- **≻**Constipation
- ➤Dry mouth
- **≻**Sedation
- >Sweats

Less common:

- **▶**Delirium
- >Seizures
- ➤ Urinary retention
- ➤ Hallucinations









Morphine

(Analgesic & narcotic drug act on CNS, isolate from crude opium Street name: Smack, Dragon, H, Dope.

Side Effects of Morphine

If you can't remember much about Morphine...
...think of MORPHINE:

Myosis

Out of it (sedation)

Respiratory depression

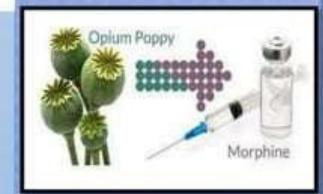
Pneumonia (aspiration)

Hypo-tension

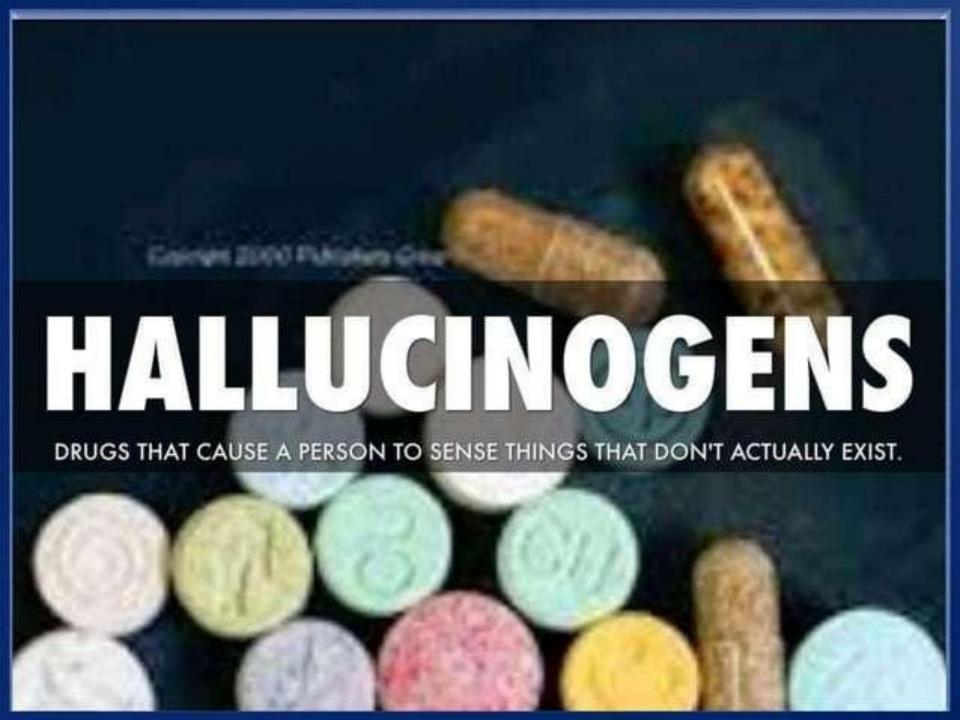
Infrequency (constipation, urinary retention)

Nausea

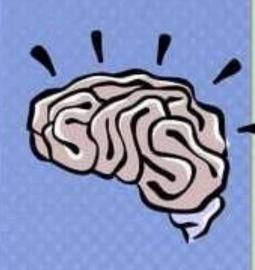
Emesis







Hallucinogen



Hallucinogens are substances that

- >alter sensory processing in the brain,
- >causing perceptual disturbances,
- changes in thought processing, and depersonalization.

Types of hallucinogen

- 1.Psychedelics (Ex: LSD, Peyote, mescaline)
- 2.Dissociative (Ex: Magic mashroom, ketamin,pcp)
- 3. Deliriants (Ex: Datura /Jimson Weed)

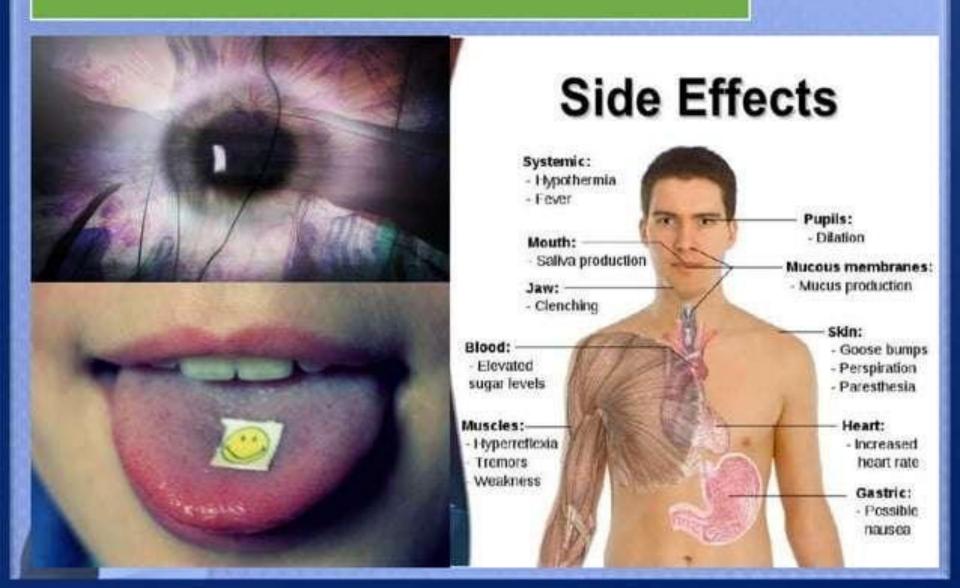
How Hallucinogens work

Hallucinogens can be used in many different ways. You can take it in a pill form, smoke it, eat it, or drink it. It all depends on the hallucinogen and the way it is formed. Once the hallucinogen is in your body, Chemicals like serotonin and acetylcholine interfere with neurotransmitters and cause hallucinations. A hallucinogen high can last as little as 30 minutes and as long as 4 hours, depending on the hallucinogen you take and the amount you take.



Lysergic acid diethylamide/LSD

(Psychedelic drug ,5HT-agonist,cause hallucination Street name: Supper man, Dots, Zen, Golden dragon)



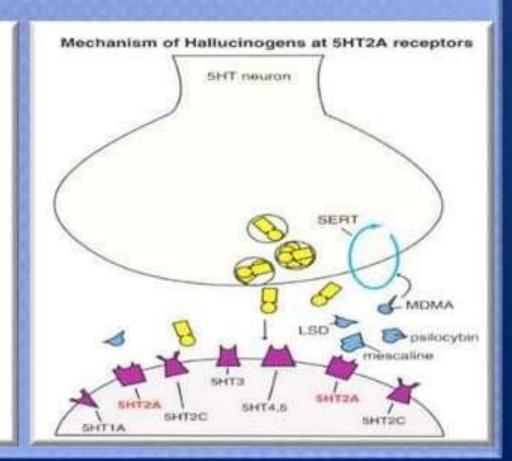
Mechanism of action: LSD



Agonism and/or antagonism at 5-HT receptors subtypes

Lysergic Acid Diethylamide (LSD)

- 5-HT agonist at pre synaptic receptors in CNS
- Activation of Sympathetic NS
- Hallucination with Brilliant Colors
- Mood alteration
- Tolerance & Physical dependence occurs
- No True dependence
- S/E ... Hyper reflexia.
- Nausea, Muscle weakness, Psychotic changes



Marijuana

(Cannabis sativa, delta-9-tetrahydrocannabinol/THC, common illicit drug. Street name: Ganja, Hashish, Bhang)

Most common

- Dizziness, Dry mouth & Drowsiness
- Lower concentration



Common

Euphoria , Blurred vision , Red eye , Headache .

Rare

Anxiety , Ataxia , Tachycardia



Mechanism of action: (Marijuana)



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Treatment for drug addiction:



- ✓ Hospitalization,
- ✓ Behavioral Therapies,
- ✓ Occupational Therapy,
- ✓ Change in addict's social environment.

Prevention is better than cure

Prevention and Control of Drug Abuse

- √ Requires knowledge of:
 - → Causes of drug-taking behavior,
 - → Sources of illicit drugs,
 - → Drug laws,
 - → Treatment programs,
 - → Community organizing skills.
- ✓ Persistence and cooperation of various individuals and agencies.

Elements of Prevention

- Education,
- ☐ Treatment,
- Public policy,
- Law enforcement.



- ✓ Education and treatment goals same: Reduce demand for drugs
- ✓ Public policy and law enforcement goals same:

 Reduce supply and availability of drugs.



- 1) https://www.drugabuse.gov/publications/drugfacts/marijuana
- 2) https://en.wikipedia.org/wiki/Cocaine
- 3) www.drugfree.org
- 4) www.marijuana/drug/controlled.com
- 5) www.projectalert.com
- 6) www.theantidrug.com

THANK YOU

