

THERMAL INJURIES

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This is my one of the best & favorite presentations. But some animations & slide shows will be absent as it is uploaded in slideshare.

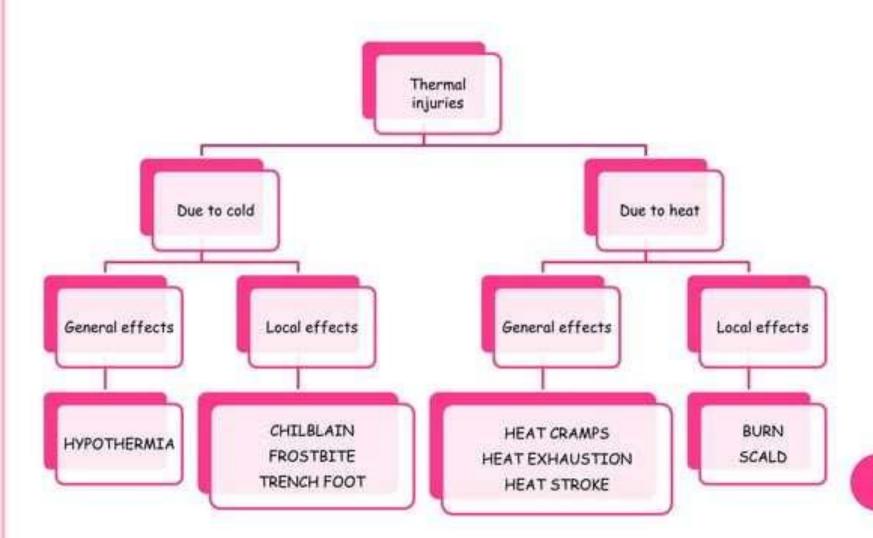
It will obviously help u a lot. If u find it helpful then like it. Download option will be withdrawn for this presentation.

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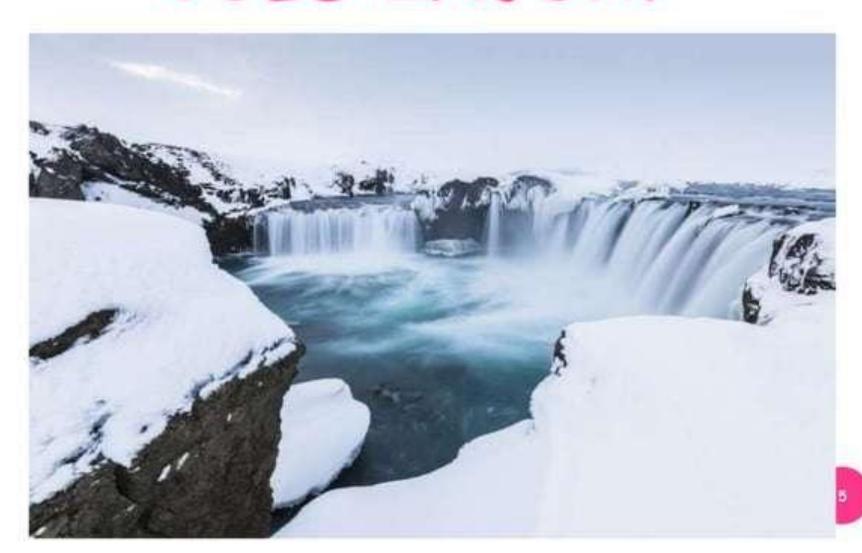
DEFINITION

• Tissue injury results from the effects of systemic (general) or/and localized exposure to HEAT or COLD to the external or internal body surfaces.

CLASSIFICATION



COLD INJURY



HYPOTHERMIA

- Exposure to cold produces hypothermia where the core body temperature is below 35°C
- Oesophageal or rectal probe measures temp as low as 25°C
- Oral or axillary thermometers are inaccurate.
- Moist cold is more dangerous than dry cold.

RISK FACTORS-

- Low environmental temp.
- Extremes of ages (children & ≥ 60 years)
- Immersion in water & wet clothing.
- Mountaineering & sailing.
- Hypothyroidism, atherosclerosis, inadequate nutrition & dementia.
- Intoxicated persons (alcohol, tranquilizers or opiates)

EFFECTS OF HYPOTHERMIA

- Direct in fatty tissues & myelinated nerves.
- Indirect ischemia (due to vascular damage).

CLINICAL FEATURES

1st stage: Cold & shivers with fall in body temp.

2nd stage: Shivering stops at or below 32°C

Depressed to lethargic, drowsy & sleepy to stupor & coma.

Muscles stiffen & mobility impaired.

Drunken gait.

Respiration, circulation, metabolic processes & oxygenation of cells are slowed down.

 3rd stage: At ≤ 27°C for 24 hrs resulting death due to failure of vital centers bcz anoxia.

COMPLICATIONS

- Hemorrhagic pancreatitis.
- o Pneumonia.
- Ulcers & focal hemorrhages in GIT.
- Acute tubular necrosis.
- Myocardial fiber necrosis.

POSTMORTEM FINDINGS

EXTERNAL FEATURES

- Pink /brown-pink areas over & around the large joints (knee, elbow & hip joints).
- PM lividity is pink /bright red (antemortem oxyhemoglobin & its postmortem diffusion).
- Oedema may be seen in feet & lower legs.
- Extremities may be cyanosed /white (white death).

INTERNAL FEATURES

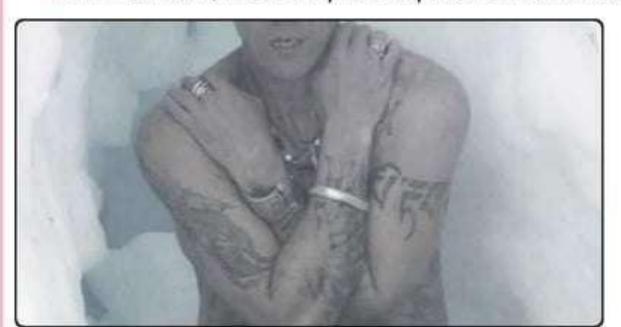
- Ice crystals can be found in blood vessels, heart & tissue spaces.
- Blood:- bright red in colour (due to retention of oxyHb).
- Stomach: numerous brown-black acute erosions, ulceration with hemorrhages similar to pre-death stress (Wischnewsky spots).
- Pancreas: fat necrosis with adjacent omentum & mesentry.
- Lungs :- pulmonary oedema, hemorrhages.
- Kidney :- acute tubular necrosis
- Micro-infarcts in many organs (heart, intestine.....)
- Congestion of internal organs.
- Perivascular hemorrhages (brain, muscles, pancreas, lungs, GIT...)

MLI

- Most deaths are result of accidents especially in
- drunkenness
- mountaineering
- persons lost in snow-drifts
- who have been immersed in ice-water.
- Infanticide & homicide in adults are rare where unconscious person is left in freezing temp.

PARADOXICAL UNDRESSING

- Occur in severe accidental hypothermia.
- During terminal stage, the person becomes disoriented & confused and may partially or fully undressed himself.
- Paralysis of thermoregulatory center causing failure of vasoconstriction leads to flow of blood from the core of the body, giving exaggerated sensation of warmth.
- In such case, there may be suspicion of sexual offence.





HIDE & DIE SYNDROME

- Seen in severe hypothermia (rare case).
- Due to terminal hallucinations & disorientations.
- Victim is often found in corners, under bed or bench, behind wardrobe, on a self.
- Outdoors, he may attempt to burrow into snow, bush (Terminal burrowing behavior).
- This may also lead to assumption of a homicide or robbery.



CHILBLAIN / ERYTHEMA PERNIO

- Red, itching skin lesion affecting the extremities.
- May be associated with oedema & blistering.
- Ulcerative & hemorrhagic changes may occur in continue exposure to cold.
- Aggravated by warmth.

T/t :-

- Elevation of the part
- Relax in room temp (not to be heated)
- Don't rub.



TRENCH FOOT

- Results from prolonged exposure to severe cold (5-8) °C.
- Moist cold injury.
- Extremities are affected in these condition.

Seen in

- Soldiers during winter warfare
- Trenches
- Persons exposed to prolonged immersion or exposure at sea.

Clinical presentation

- Pre-hyperemic : cold & anesthetic.
- Hyperemic : burning & shooting pain.
- Post-hyperemic: decrease pulsation with paleness or cyanosis.

T/+ :-

- Air drying at room temp.
- Protect from trauma & secondary infection
- Avoid heating, moistening, massaging & immersing in water.



FROSTBITE

- Results from exposure to great extreme of severe cold (-2.5)°C.
- Dry cold injury.
- Extremities & also nose, ears & face.
- It is only produced in living state, can't be caused postmortem.

Clinical presentation

- Mild- numbness, prickling & itching due to involvement of skin & subcutaneous tissues.
- Deep- infarction of the peripheral digits with oedema, redness & later necrosis & gangrene formation beyond the line of inflammatory demarcation. Paresthesia & stiffness of deeper structures.
- o T/t:-
- Rewarming
- Protection of the affected part (don't rub)
- Tetanus prophylaxis & antibiotics



HEAT INJURY



MILD INJURY

HEAT CRAMPS

- Miner's /Stoke's /Fireman's Cramps.
- Loss of electrolytes & water through sweating.
- Seen with workers in high temp when sweating has been profused.

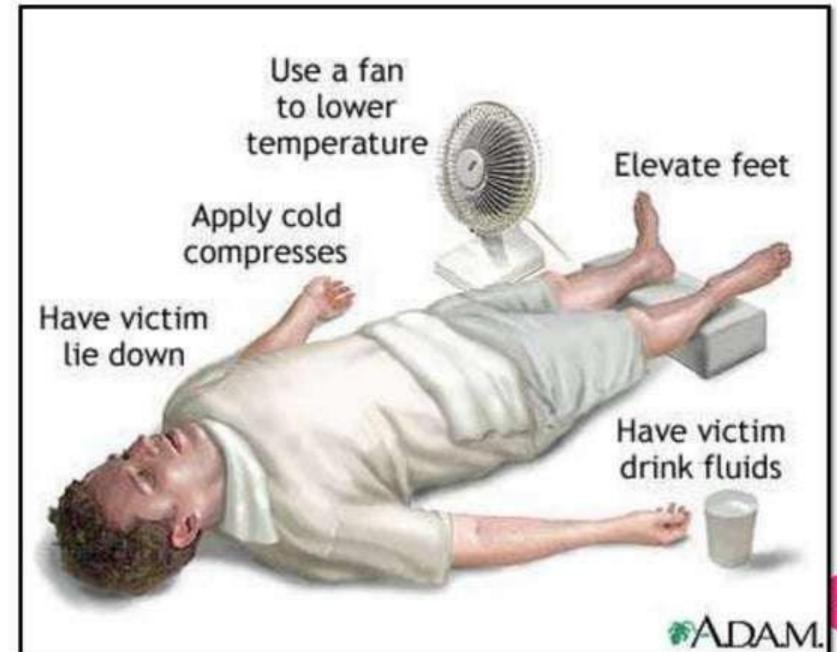
Clinical presentations

- Onset is sudden.
- Severe painful paroxysmal cramps occur due to dilutional hyponatremia (arms, legs and abdomen....lasting 1-3 mins)
- Face is flushed, pupils dilated
- Dizziness, tinnitus, headache & vomiting complain.
- Skin is moist & cool.

T/t :-

- Moved to a cool place
- Oral or IV saline to replenish the electrolyte & water.
- Rest for 2-3 days.





MODERATE INJURY

HEAT SYNCOPE

- Heat exhaustion /Collapse /Prostration.
- CV5 collapse & syncope due to intense dehydration.

Clinical presentations

- Headache, dizziness, fatigue, anxiety, impaired judgment, hysteria & occasionally psychosis.
- Increased pulsation, skin is moist.
- It may progress to heat stroke if the sweating ceases.

T/t :-

- Adequate hydration
- Oral salt replenishment & active cooling.

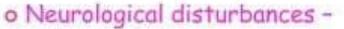




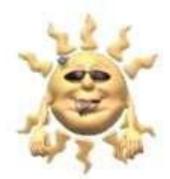
SEVERE & FATAL INJURY

HEAT STROKE

- Heat hyperpyrexia /Thermic fever /Sun stroke.
- Failure of thermoregulatory system due to direct exposure to sun due to failure of cutaneous blood flow & sweating.
- o Triad of cerebral dysfunction composed of -
 - Impaired consciousness
 - Increased core body temp > 41°C (rectal)
 - Absence of sweating.



- Psychosis
- Delirium
- Stupor
- Convulsions & coma.





o Risk factors-

- Environmental -
 - · High temp
 - Increased humidity
 - Muscular activity
 - Lack of acclimatization

At 100% humidity, 32°C temp may lead to HEAT STROKE

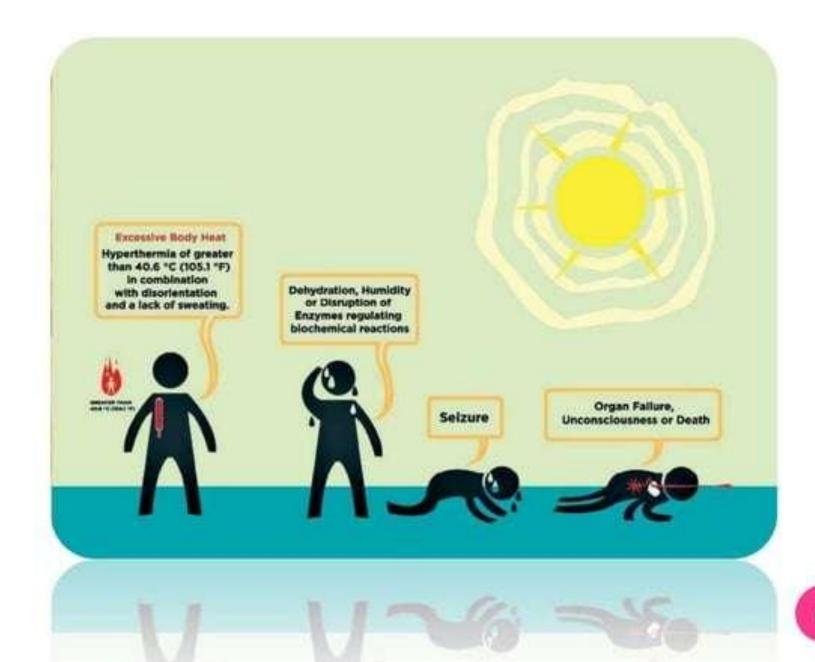
- Non-environmental-
 - Older age
 - · Alcoholism
 - o Obesity
 - Brain hemorrhages, malignant hypertension, thyrotoxicosis, salicylate overdose.
 - Perceiving medications like anticholinergics, antihistamines or phenothiazines.
 - Use of major tranquilisers.

Types :-

- Classic seen in persons with compromised homeostatic mechanism during heat waves (older persons).
- Exertional seen in healthy persons undergoing strenuous exertion (athlets, military personal) in a thermally stressful environment.

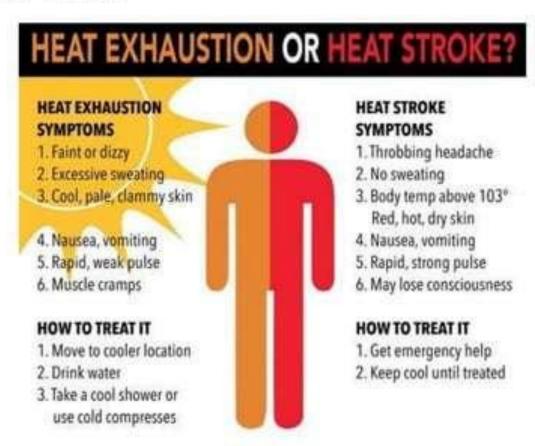
T/† :-

- Unclothed & spread water (20°C).
- Immersion in an ice water bath is very effective.
- Chlorpromazine diazepam is given to control shivering.
- Fluid administration & alkalinization of urine are recommanded.



Complications :- survive > 24 hrs

- Lobar pneumonia
- Myoglobinuria
- DIC
- Tubular necrosis
- Hepatic necrosis



Recognize the Symptoms of Heat Injury

	Heat Cramps	Heat Exhaustion	Heat Stroke
Description	Painful muscle spasms caused by loss of salt from excessive sweating.	Advanced and serious stage of heat injury.	Body's temperature is increased and if not treated immediately may result in coma, brain damage or death.
Symptoms	Muscular pain and excessive sweating	Tired, weakness Headache Goosebumps, tingling skin Increased heart rate and breathing, sweating Nausea Nausea	Increased temperature (very warm to the touch) Mental impairment (agitation, confusion) Possible loss of consciousness Headache, nausea, vomiting, fluilike symptoms Rapid breathing, heart rate Possibly dry skin

When In Doubt, Treat as a Heat Injury

Iliness	Signs	Response	
Heat rash	Red bister-like eruptions/bumps Itching (prickly sensation)	 ✓ Rest in a cool place ✓ Allow the skin to dry ✓ Monitor for infection 	
Heat cramps	Painful spasms usually in legs or abdomen Grasping the affected area Possibly heavy sweating	Apply firm pressure and massage cramped area Rest in a cool place Drink water or an electrolyte drink Seek medical attention if cramping is severe or does not go away	
Heat exhaustion	O Headaches, light-headedness O Weakness O Mood changes, initability or confusion O Feeling sick to your stomach and/or vomiting O Extreme sweating O Decreased and dark-colored urine O Pale clammy skin	 ✓ Move the person to a cool, shaded area ✓ Loosen and remove heavy ciothing ✓ Have the person drink some cool water ✓ Get something cool on them ✓ If the person does not feel better in a few minutes call for emergency help 	
Heat stroke	O Dry, pale skin O Sweating may still be present O Nausea and vomiting O Hot, red skin (looks like sunburn) O Mood changes, intability, confusion, and not making any sense O Collapse (will not respond) O Fever (104°F or higher)	Call for emergency help (ambulance or 911) Move the person to a cool, shaded area. Don't leave the person alone Remove heavy and outer clothing Have the person drink small amounts of cool water Get something cool on them	

Heat Exhaustion:	Heat Stroke	
 Heavy sweating Heavy thirst Panting/rapid breathing Rapid pulse Headache Blurred vision Exhaustion, weakness Clumsiness Confusion Dizziness or fainting Cramps 	 No sweating Red or flushed, hot dry skin Any symptom of heat exhaustion but more severe Difficult breathing Pinpoint pupils Bizarre behavior Convulsions Confusion Collapse 	

BURN INJURY



DEFINITION

- A burn is an injury which is caused -
- By the application of heat / chemical substances
- Either by conduction / radiation
- To the external / internal surfaces of the body
- Causes destruction of the tissues.
- Radiation causes damage through conversion of infrared frequencies into thermal heat on absorption at the skin interface.
- Minimum temp for producing a burn 44°C x 5-6 hrs
- ⋄ 65°C x 2 sec sufficient to produce burn.
- 70°C for less than 1 sec full thickness destruction of skin.

CHARACTERISTICS

- o Contact burn : with hot solid or molten metal. Blister with erythema.
- Flame burn: contact with flame. Vesication, singeing of hair & blackening of the skin.
- Flash burn: type of flame burn. Due to sudden ignition or explosion of gases / petrochemicals. Only exposed surface is burnt not the folds of skin.
- Scalds: hot liquids.
- Radiant heat burn : EM heat waves. No contact with sources.
 Erythematous & blisteredlight brown & leathery.
- Ionizing radiation burn: localized / generalized. Redness to dermatitis following pigmentation. Wart-like growth of fingernails.
- Chemical burns: acids, alkalis & vesicants. Ulcerated patches, distinct colouration, hair is not singed, no demarcative lines.
- Electric and lighting burns.
- Microwave burns: greater the water content of the tissue greater the heat production. Muscles > fat.

DRY HEAT VS MOIST HEAT VS CHEMICAL BURNS

Features	Dry heat	Moist heat	Chemicals
Cause	Flame, heated solid, X- ray	Steam or liquid above 60°C	Corrosive chemicals
Site	At & above the site of contact	At & below	At & below
Splashing	Absent	Present	Present
Skin	Dry, wrinkled	Sodden & bleached	May be destroyed
Vesicles	At the circumference of burnt area	Over the burnt area	Very rare
Red line	Present	Present	Absent
Colour	Black	Bleached	Distinctive
Charring	Present	Absent	Present
Singeing	Present	Absent	Absent
Ulceration	Absent	Absent	Present
Scar	Thick & contracted	Thin & less contracted scar	Thick & contracted
Clothes	Burnt	Wet, non burnt	May be burnt, show characteristic stair

CLASSIFICATION OF BURN INJURY

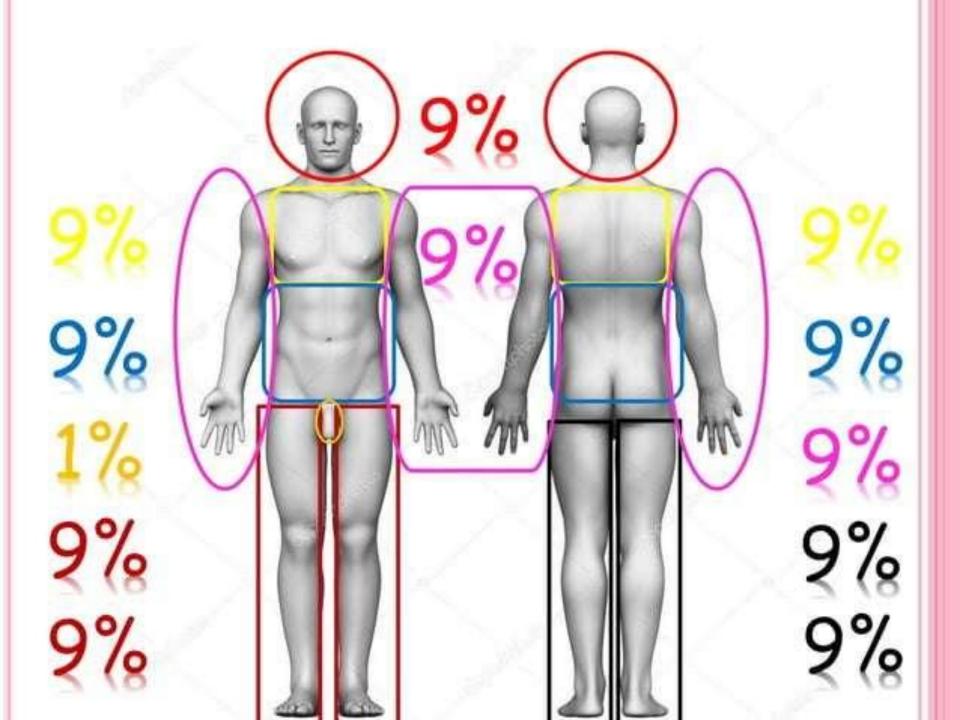
Characteristics	Dupyutren's	Hebra's	Wilson's	Modern	Characters
Superficial 1° 1° Epidermal reddening		Superficial	Painful No scar Heals in 3-6 days		
Vesication / Blistering	20				
Destruction of superficial skin (Epidermis)	3°	2°	Dermo- epidermal		Painful ± Scarring Heals in 3 weeks
Destruction of whole skin (Dermis)	4°			Deep	
Destruction of deep fascia, muscles	5°	3°	Deep burn		Painless Scarring May takes months / May need grafting
Complete charring (vessels, nerve & bone)	6°				

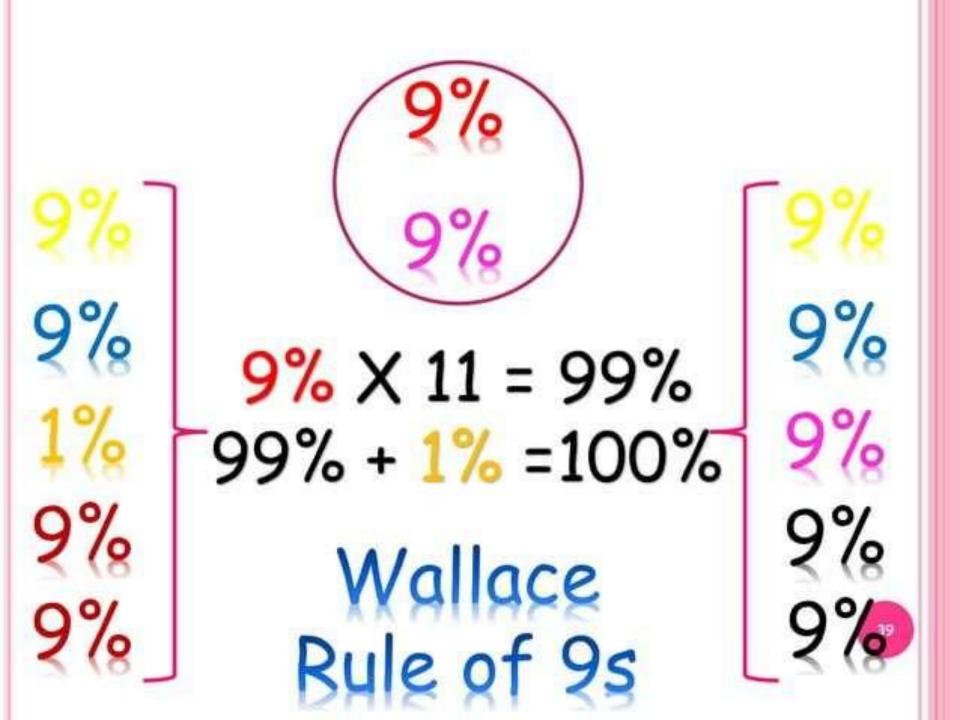
EFFECTS OF BURN

- Degree of heat applied: severity increases with increased amount of heat.
- Duration of exposure: symptoms are more severe if the heat is applied for prolong time.
- o The extent of the surface:
- For burns in adult : Wallace's Rule of nines.
- For burns in children: Lund & Browder chart.
- For patchy burn : Rule of palm (1% of TBSA)

Involvement of 1/3 of TBSA (30-50)%: always fatal for the victim

- o Site: head & neck, trunk or anterior abdominal wall are dangerous.
- Age: children are more susceptible. Older are less
- Sex: women are more susceptible.





o LUND and BROWDER method:

- For infants head is 18%.
- Each leg is 13.5%.
- Trunk & upper limb are the same as adult.
- For each year above 1 year, add 0.5% to each leg & reduce 1% to the head until adult values are reached.

CAUSES OF DEATH

- o Immediate causes :-
- Primary / Neurogenic shock : due to pain & fright.
- Asphyxia : suffocation may result from
 - Smoke inhalation of CO, CO2
 - Cyanide
 - Oxygen deprivation
 - Free radicals
- Accident & injury: injuries due to falling masonry, timber on the body.
- Vegal inhibition : cardiac arrest.

o Delayed causes :-

- Secondary / Hypovolumic shock : due to fluid loss from burnt surfaces. (after 1st 48 hrs)
 - Involvement of 15% of TBSA: circulatory collapse.
- Acute renal failure: 3-4 days
- Toxemia: absorption of various metabolites from the burnt tissues (3-4 days)
- Sepsis : mc cause of death (4-5 days or longer after burn)
 - Septicemia following wound infections by Pseudomonas, Staphylococcus.
- Dedema of glottis & pulmonary oedema.
- Inhalation of irritant smoke & hot gases (3 days).
- Hypokalemia.
- Acute peptic ulcer & hemorrhage in stomach.
- Pulmonary embolism following DVT.
- Infection: Bronchitis, bronchopneumonia, enteritis.

o Remote causes :-

- Gangrene, pyaemia, tetanus, anaemia & jaundice.
- Fat embolism.
- Marjolin's ulcer untreated or non healing wounds may lead to malignant transformation.
- Curling's ulcer.

POSTMORTEM APPEARANCES

- Before doing the autopsy the following should be done:-
- Photographic documentation.
- Clinical history regarding the circumstances of death.
- X-ray: to rule out presence of any bullets / lead shots, antemortem fracture, stab wounds.

EXTERNAL PM FINDINGS

- Clothing :
- Ignition of cotton fabrics > other fabrics
- Loose, long garments > tight fitting (underwear, belt, buttoned collor)
- Examination for presence of kerosene, petrol etc.
- o Site involved : wheather the burnt areas are appropriate for the position of the body found.
- Face: swollen & distorted.
- Tongue: protrudes & burnt due to contraction of the tissues of neck & face.
- Froth at the mouth & nose due to pulmonary oedema by irritation of air passages by smoke.
- Cornea: whitish & translucent.
- Lense : opaque.
- Skin: marbled appearance due to standing out of the superficia veins.

- Hair: singed hair due to melting & resolidification of keratin.
 Gray hairreddish /brown. Black hair doesn't change.
- Hand: skin detaches as gloves.
- PM staining: cherry red for CO.
- Antemortem burn : hyperemia (Vital rexⁿ).
- Blister: fluid filled /ruptured small or involve large area.

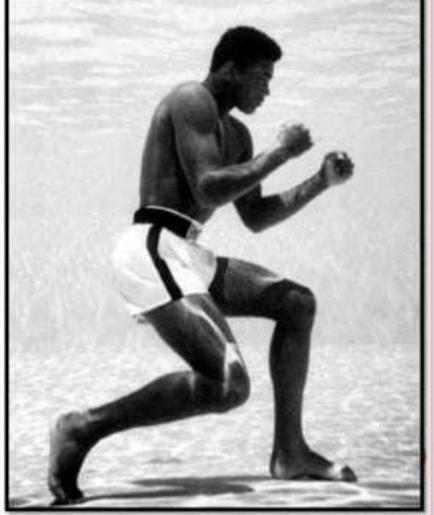
Secondary burn blisters are not distingused from

- ✓ CO poisoning
- Ante/Postmortem gasoline exposure
- ✓ Deep coma

o Pugilistic / Boxing / Fencing / Defense attitude :

- Due to heat stiffening.
- Features -
- Legs are flexed at hips & knees.
- 2. Arms are flexed at elbows & wrists, held out infront of the body.
- Fingers are hooked /clawed.
- Head is extended.
- 5. Contraction of paranasal muscles opisthotonus.
- Muscles contract due to coagulation of muscle protein & dehydration.
- Flexors being bulkier than extensors, contract more- generalized flexion of the joints.
- Occurs wheather the person was alive or dead at the burning time & bears no MLI.
- Extreme version of this phenomenon Sit up & beg attitude.





o Heat rupture :

- Splitting of the charred skin due to contraction of the heated tissue.
- Nonspecific in nature.

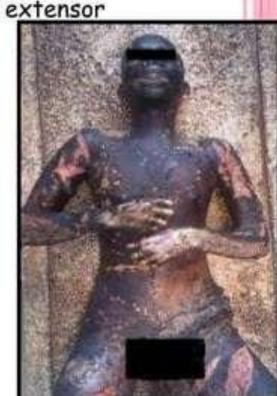
Usually seen over fleshy areas of body (calves, thigh, extensor

surface of joints)

Mimic laceration & incised wound.

Differentiated by

- Absence of bleeding heat coagulation of blood.
- ✓ Intact vessels & nerves.
- ✓ Absence of bruising.
- ✓ Presence of irregular margin.



INTERNAL PM FINDINGS

o Heat hematoma:

- Head is exposed to intense heat.
- Resembles Extradural haemorrhages without any association of blunt force injury.
- Blood come out from the diploic vein or longitudinal venous sinuses.
- Formed clot is distributed closely with the charred outer table of skull.
- Size about 1.5 cm, volume 100-120 ml blood.
- Honey Comb appearance.
- Skull fracture :
- Sutural #
- Stellate #

Sucrest sign of antemortem burn

- Brain: congested, subdural haemorrhage.
- Neck: Vital rexⁿ in the root of the tongue & neck muscles.
- Respiratory system: presence of carbon & soot particles beyond the bifurcation of trachea.
- Pleura, Pericardium : congested & petechial haemorrhages.
- Heart: cherry red coloured blood (CO).
- Stomach & Intestine :
- Carbon imprignated stomach mucosa.
- Ulceration of peyer's patches & solitary glands of intestine.
- Curling's ulcer :-
 - Stress ulcer produced in the gastric antrum & duodenum.
 - In 70% cases.
 - After 72 hrs (3-10 days post survival).
 - Sharply punched out mucosal defect (superficial & deep).

- Spleen: necrosed germinal centers with congestion.
- Liver: cloudy swelling & necrosis....Jaundice may develop.
- Kidney: capillary thrombosis & infarction.
 - > 30% of TBSA involvement causes haemoglobinuria.
- Puppet organs: organs cooked by heat
- Exposed to high temperature.....vaporization of fluid.....firm, hardened internal organs.

ANTEMORTEM VS POSTMORTEM BURNS

Characters	Antemortem Burns	Postmortem Burns
Line of redness	Present	Absent
Blister	Contain serous fluid with protein & chlorides.	Contain air & thin clear fluid.
	Base is red & inflamed.	Base is dry, hard, yellow.
Soot in respiratory tract	May be present	Absent
Carboxy Hb	Present	Absent
Healing & repair	Present	Absent
Vital reaction	Present with reactive changes in the tissues.	Absent
Enzymes	Peripheral zone of burn shows increase enzymatic reaction.	Absent

SCALDS



- Application of liquid > 60° or steam.
- Involves the superficial layers of skin.
- Water > 70°C can affect full thickness.
- o Types:
- Immersion burn: accidental or deliberate immersion in hot water.
- Splash burn: bursting of hot water bottles, boilers, pulling over saucepans or kettles by children.
- Steam burn: exposure to superheated steam.
- Sharp demarcation with tickle marks, soddening, no singed hair or blackened skin.
- Inhalation causes death by asphyxia due to oedematous mucous membrane.



o Degrees:

- Erythema or reddening due to vasoparalysis.
- Vesication due to increased capillary permeability.
- Necrosis of dermis.

o MLI:

- Usually accidental due to splashing.
- Intentional
- Child abuse by hot water.



ELECTROCUTION



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- Electricity exerts two major effects on the body :
- Cellular depolarization of nerves & muscles.
- Heat production on longer exposure.

PHYSICAL FACTORS

- 1. Kind of current
- 2. Amount of current
- 3. Path of current
- 4. Duration of current flow
- Resistance
- 6. Site of contact
- 7. Circuit of current

o KIND OF CURRENT :

- 0 AC ≥ 4-5 DC
- AC at low amperage causes tetany in the flexor muscles of hand & forearm. So the person is unable to release the device untile the power is turned off (Withhold spasm).
- DC causes single muscle contraction, throwing the person.
 Increase chance of blunt trauma.
- o AMOUNT OF CURRENT : (Ohm's law)
- Voltage is the fundamental force for flow of electricity through conductor.
- Electrocution is rare at < 100 V. Most death occurs at > 200 V.
- Amperage is more important as it indicates the actual amount of electricity.
- 10 mA pain, 60 mA dangerous, 100 mA fatal.

- o PATH OF CURRENT: Death occurs if brainstem & heart are in the path of flow.
- DURATION OF FLOW: the severity is directly proportional to that.
- o RESISTANCE:
- The greater the resistance, greater will be the burn injury.
- Order of resistance: Blood vessels < nerves & muscles < skin < tendon < fat < bone.
- o SITE OF CONTACT: Face & arms are more serious than palms.

EFFECTS DUE TO PASSAGE OF ELECTRICITY

o Low tension injury

- MC site is the fingers of hand (entry) & foot (exit).
- Bathtub electrocution: no visible injury.
- Torture by electricity.

o High tension injury

- Caused by flash, flame or current.
- Electrocution by overhead lines.
- Damage to subcutaneous & muscles with the damage to entry & exit points.
- Third degree burns or charring of the body.

CHARACTERISTICS OF INJURY

o Local effects:

- Joule burns
- Endogenous burn
- A specific & diagnostic of electric burns.
- Found at the point of entry.
- Firm contact with Low voltage current.
- Round/ oval, shallow craters, 1-1.5 cm diameter, raised border of 1-3 mm high, crater floor is lined by pale flattened skin.
- Commonly found over exposed parts (palmer aspects of hand).



- Spark /flash burns
- Loose contact with air gap.
- Melting & resolidification of keratin : hard, brownish nodules.
- Crocodile burns
- Loose contact with high voltage current.
- Multiple punched out spark lesions over the exposed part of the body due to arcing of high tension current.
- Current pearls

 Deposition of the molted metal from the conductor to the tissue (metallization).

- Identified by scanning electron microscopy.
- Zenker's degeneration of skeletal muscles.
- Bone pearls / wax drippings
- Melting of the calcium phosphate in bone.
- Round dense foci in X-ray limb.

Systemic effect

- Immediate death from shock.
- Hemiplegia, paraplegia, aphasia.
- Cataract, choroido-retinitis, optic atrophy....arc eye.
- Suspended animation like symptoms.

CAUSES OF DEATH

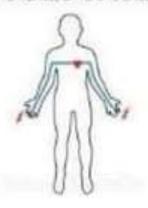
- Depends on the path of current.
- Low voltage current ventricular fibrillation is mc cause.
- High voltage current respiratory damage.
- Head to foot : respiratory failure (brainstem).
- Right arm to left arm: cardiac arrhythmia (heart).

O MLI:

- Usually accidental.
- Judicial Electrocution death penalty is carried out in the electric chair in some states of USA. A current of 7 amp in 2000 V is passed for 1 min through the body.

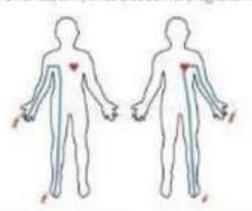
Hand & Hand Contact

thru hands, arms and chest



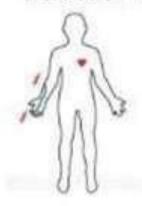
Hand & Foot Contact

thru bands, arm, chest, abdomen, leg and foot



Hand & Arm Contact

thru hand and arm



Hand & Head Contact

thru hand, arm, neck and head



LIGHTENING INJURY



- It may kill individual by direct strike, a side flash or conduction through other objects.
- Fusing & magnetization of metallic articles seen.
- Death is caused by high voltage DC (> 1000 million volt, 20,000 amp).
- Lichtenberg Flowers :
- Arborescent burns / Filigree burns / Keraunographic markings.
- Pathognomonic of lightning strike.
- Superficial thin irregular tortuous markings on the skin resembling marbling of skin.
- Fern like pattern / branching of trees.
- Doesn't correspond to vascular channel.
- Found over shoulder & flanks.
- Not associated with burning.
- Causes: static electric discharge, Hb staining the tissues, inflammatory, response by electrons..etc



THANK YOU