


NON SPORING ANAEROBES

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ANAEROBIC BACTERIA

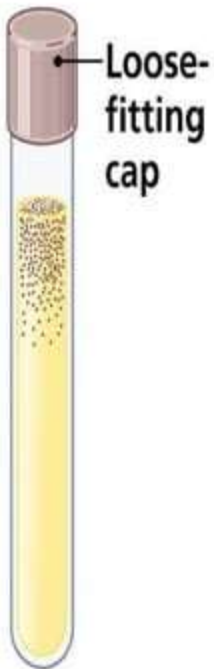
There is no universally accepted definition of anaerobic bacteria-these require a reduced oxygen tension for growth and fail to grow on surface media when incubated in air or 5-10% CO₂.

- ▶ Obligate anaerobes
- ▶ Aerotolerant anaerobe
- ▶ Facultative anaerobes.
- ▶ Capnophilic bacteria
- ▶ Microaerophilic bacteria

Oxygen
concentration
High



Low



(a) Obligate aerobes



(b) Obligate anaerobes



(c) Facultative anaerobes



(d) Aerotolerant anaerobes

Why anaerobes are killed by
oxygen?



Why anaerobes are killed by oxygen

- Aerobic organisms use oxygen as terminal electron acceptor and generate toxic oxygen reduction products including H_2O_2 , hydroxy radicals, singlet oxygen and superoxide anions, such reactive metabolites destroy the lipid components of cells and damage the DNA.
- However, aerobes and facultative anaerobes are protected from these reactive by-products due to certain enzymes like peroxidases and superoxide dismutases

CLASSIFICATION OF NONSPORING ANAEROBES

Gram Positive Cocci:

PEPTOCOCCUS

PEPTOSTREPTOCOCCUS

Gram Positive Bacilli:

BIFIDOBACTERIUM

PROPIONIBACTERIUM

MOBILUNCUS

ACTINOMYCES

LACTOBACILLUS

EUBACTERIUM

Gram Negative Cocci:

VEILLONELLA

Gram Negative Bacilli:

FUSOBACTERIUM

BACTERIOIDES

PREVOTELLA

PORPHYROMONAS

LEPTOTRICHIA

NON SPORING ANAEROBES AS NORMAL FLORA

- ▶ Most muco-cutaneous surfaces of humans harbor a rich flora of anaerobic bacteria which varies at different anatomic sites in terms of concentrations and microbial species.
- ▶ Upper air ways
- ▶ Saliva (approximately 10^8 /ml)
- ▶ Gingival crevices (almost 10^{12} /ml)

NON SPORING ANAEROBES AS NORMAL FLORA

▶ Small intestine (10^4 - 10^5 /ml)


▶ Terminal ileum and colon (10^{11} /gm)

(Peptostreptococcus species, Bacteroides species, Fusobacterium species, Clostridia and a variety of non spore forming gram positive rods like Bifidobacterium, Eubacterium etc)


NON SPORING ANAEROBES AS NORMAL FLORA

- ▶ Female genital tract (10^5 - 10^{11} /ml) shows shifts during various stages of the menstrual cycle that may be hormonally influenced. The dominant anaerobes are *Lactobacillus* (Doderlein's bacillus), *Peptostreptococcus* and *Bacteroides* species.
- ▶ Urethra in both sexes contains skin flora as well as *Bacteroides* and *Fusobacterium* species.

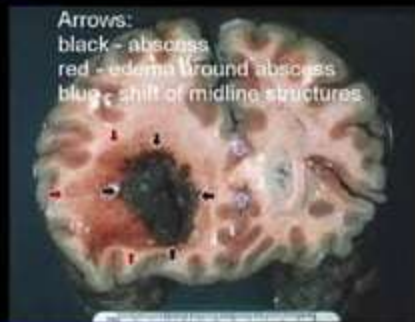
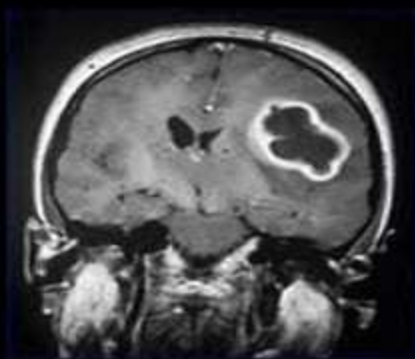
ROLE AS COMMENSAL

- Compete With Pathogens For Its Nutrition
 - Modulate Host Innate Immune Response
 - Produce Vit K& Bile Acids In Intestine
 - *lactobacillus* maintains vaginal Ph
 - Prevent IBS.
- 

ANAEROBIC INFECTIONS COMMENSAL AS PATHOGENS

- ▶ Anaerobic infections are usually endogenous that is they originate from the host's own flora when there is a breach in the muco cutaneous barrier resulting in the displacement of normal flora.
 - ▶ Spillage of fecal contents into the peritoneum following appendicitis, penetrating trauma or cancer can lead to intra abdominal infections involving anaerobes
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Anaerobic infections



CLINICAL DISEASES- Anaerobic Cocci

- PEPTOSTREPTOCOCCUS

P.anaerobius responsible for **puerperal sepsis**.

P.magnus causes abscesses- breast/ axillary

Infections of sebaceous cyst also can occur due to these organisms.

CLINICAL DISEASES- Anaerobic GI



- **EUBACTERIUM**
Common cause of **Periodontitis**
- **PROPIONIBACTERIUM**
Implicated in **Acne**
- **LACTOBACILLUS**
L.cateniforme is associated with Broncho-pulmonary infections.
- **MOBILUNCUS**
M.curtisii & M.mulieris isolated in Bacterial vaginosis

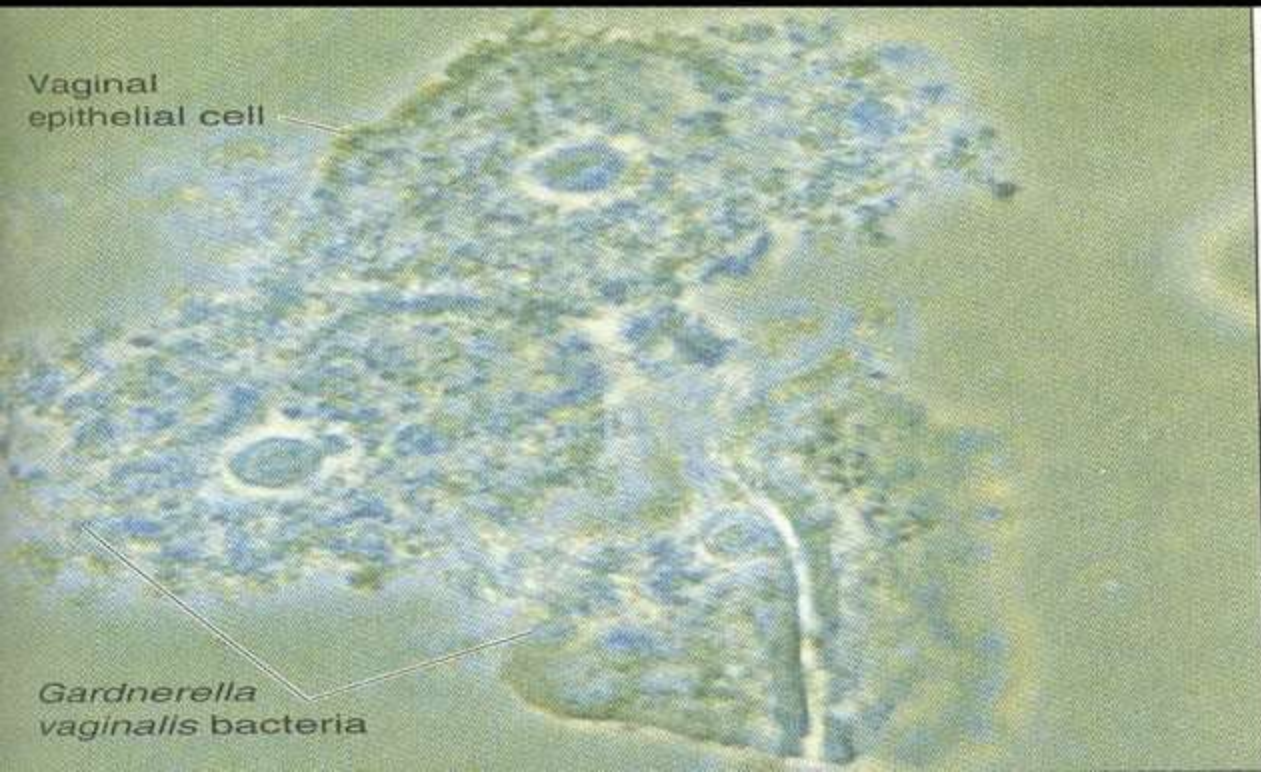
Bacterial vaginosis

- Polymicrobial infection characterised by rotten fish, vaginal discharge
- A direct wet mount may reveal many characteristic “clue cells”= desquamated epithelial cells with attached organisms
- Gram variable organisms seen on staining

CLUE CELLS

Vaginal
epithelial cell

*Gardnerella
vaginalls* bacteria



CLINICAL DISEASES- Anaerobic GI



Bacteroides fragilis

- **BACTEROIDES**

B.fragilis is the most common anaerobe isolated from clinical diseases viz., peritonitis, meningitis, brain abscess etc.

- **PORPHYROMONAS**

P.gingivalis- periodontal disease

P.endodontalis- root canal infections

- **LEPTOTRICHIA**

L.buccalis causes **Vincent's angina** along with fusob



CLINICAL DISEASES- ANAEROBIC GNB



- **FUSOBACTERIUM**

F.necrophorum- produces a wide range of exotoxins: causes Lemierre's Disease (necrosis of the lateral pharyngeal wall with septic jugular vein thrombosis)

- **PREVOTELLA**

P.melaninogenica- Wound infections, mastoiditis, abscesses.

-Produces a **black colour pigment** (hemin derivative) & gives **red fluorescence** when exposed to UV light

CLUES TO ANAEROBIC INFECTION

- ▶ Infection adjacent to surfaces that harbour anaerobes as normal flora.
- ▶ Infections characterized by abscess formation or tissue necrosis.
- ▶ Gas formation
- ▶ Grams stain of exudates showing poly microbial flora or organisms with morphologic features of anaerobes.
- ▶ Foul odor



Lab diagnosis of NonSporingAnaerobe



Specimen collection

- ▶ Liquid or tissue specimen is preferred .

Swabs should be avoided (if used- must be transported in Stuart's media)

- ▶ Successful recovery requires rapid delivery to the laboratory in a transport medium that maintains a moist, anaerobic atmosphere.



ANAEROBIC MEDIA

- ▶ Non selective media having peptones, yeast extract, vitamin K, hemin, 5% sheep blood agar and reducing agent can be used for culturing anaerobes.

Variety of broth and solid media are commercially available for the isolation of anaerobic bacteria

- ▶ Anaerobic blood agar
- ▶ Kanamycin vancomycin laked blood agar
- ▶ Phenylethyl alcohol agar
- ▶ Columbia colistin nalidixic blood agar medium
- ▶ Thioglycollate broth
- ▶ Chopped meat broth (Robertson's Media)

Gaspak



Anaerobic incubation systems

A variety of systems are available for this purpose

- ▶ Anaerobic jars
- ▶ Disposable bags & Chambers
- ▶ Roll tube methods etc.





Treatment

- METRONIDAZOLE
- CARBAPENEMS
- AMPICILLIN /SULBACTAM





THANK YOU