# Surgical Procedures in

**Emergency Room** 

21 June 2010

นพ.ประสิทธิ์ วุฒิสุทธิเมธาวี ภาควิชาเวชศาสตร์ฉุกเฉิน คณะแพทยศาสตร์ มหาวิทยาลัยสงขลานครินทร์





Paraphimosis reduction

Compartment pressure measurement



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#### Advantages

Measuring distance

Unprepared bowel

Large lumen



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#### Disadvantages

Pain

Rectal injury



#### Indications

Use in ED

Unprepared bowel

Remove F.B.

Reduction of sigmoid volvulus



#### Contraindications

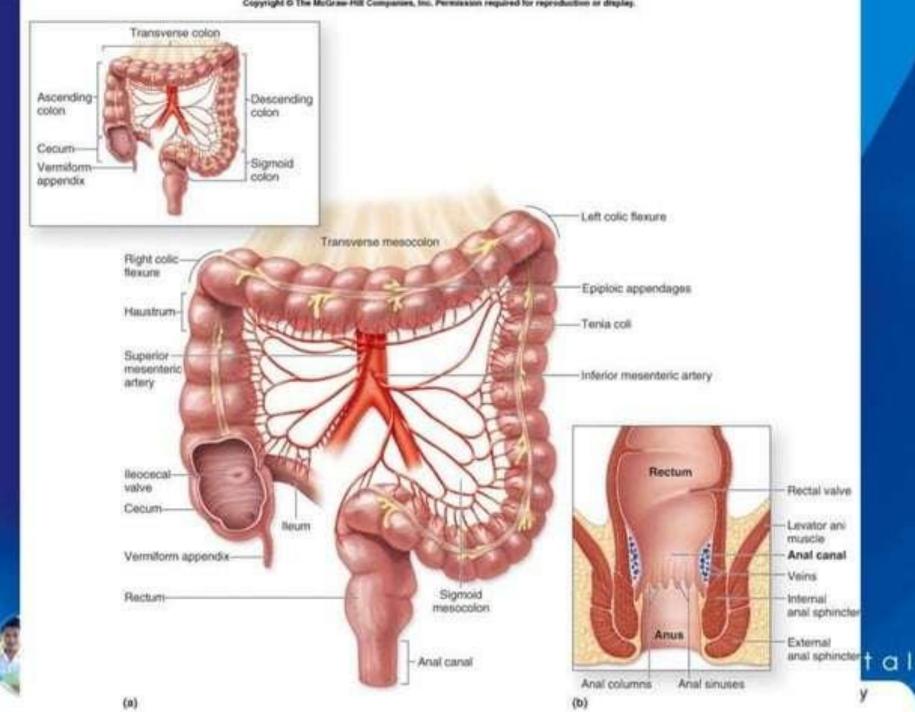
Severe anal pain

Recent anastomosis

Severe stenosis of anus and rectum

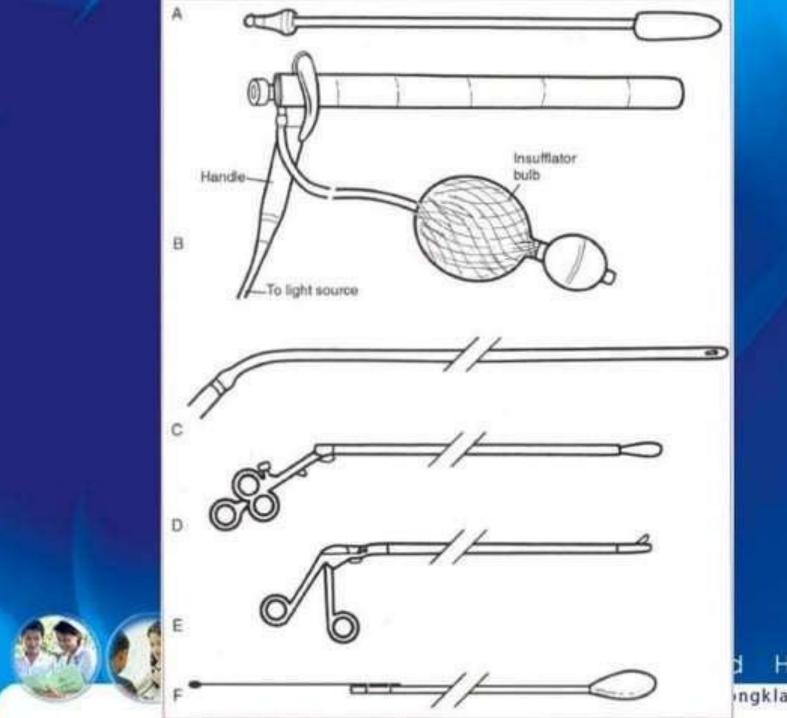
Peritonitis



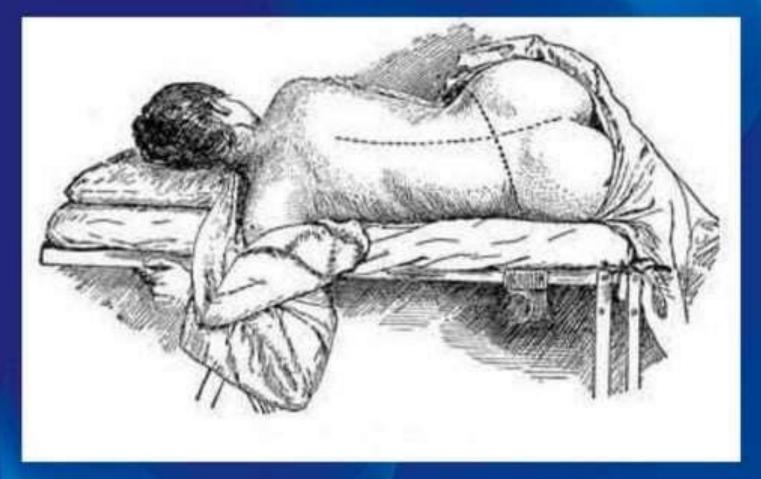




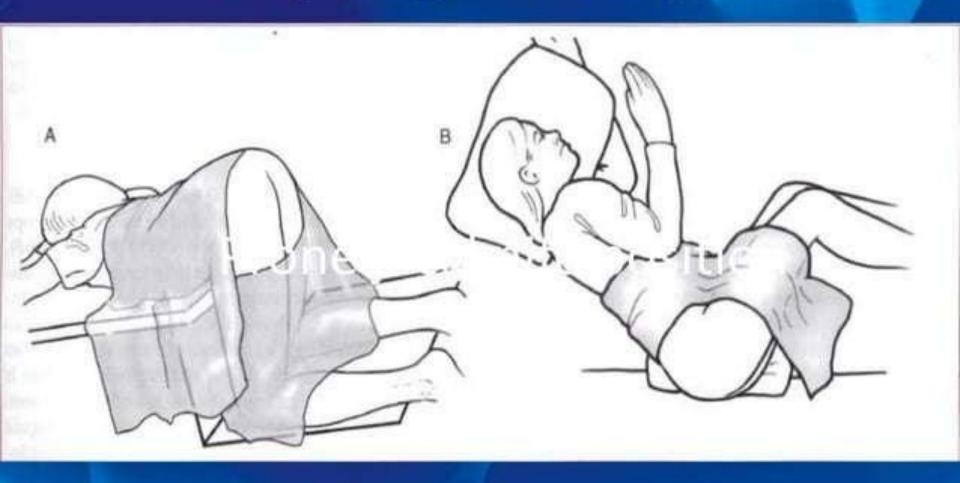
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#### Technique

Inform consent

Perineum assessment

Digital rectal examination

Insert the sigmoidoscope



#### Technique

Air inflation

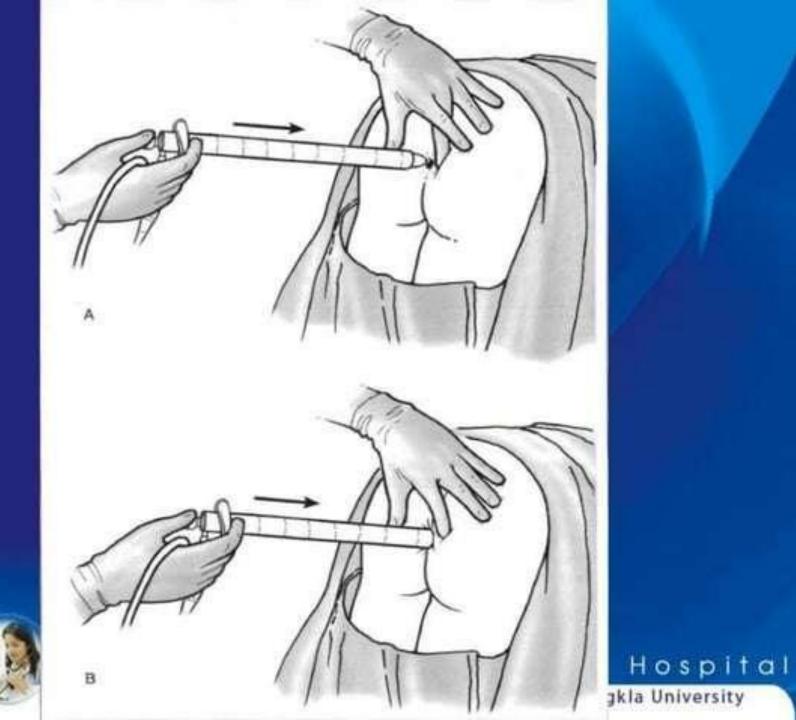
Advance gentle apply the scope

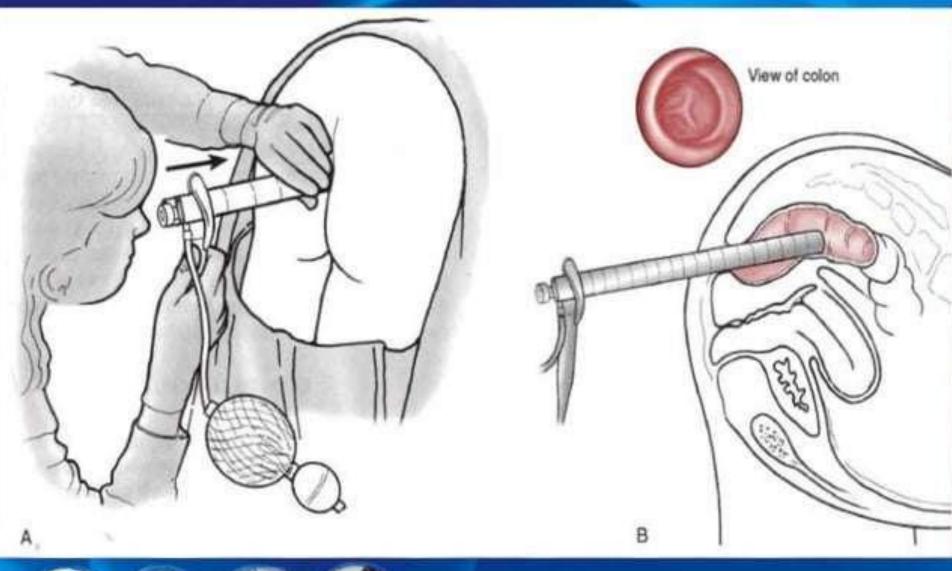
Circular movement when remove

Do not blindly apply



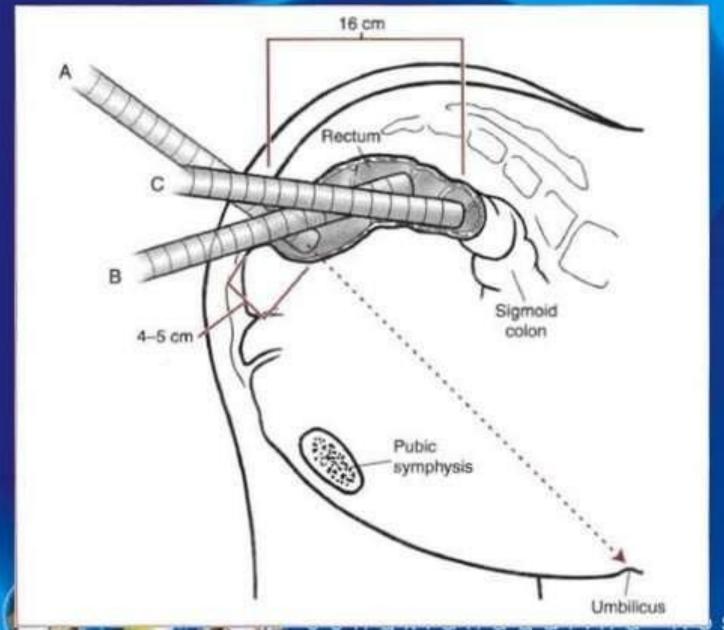
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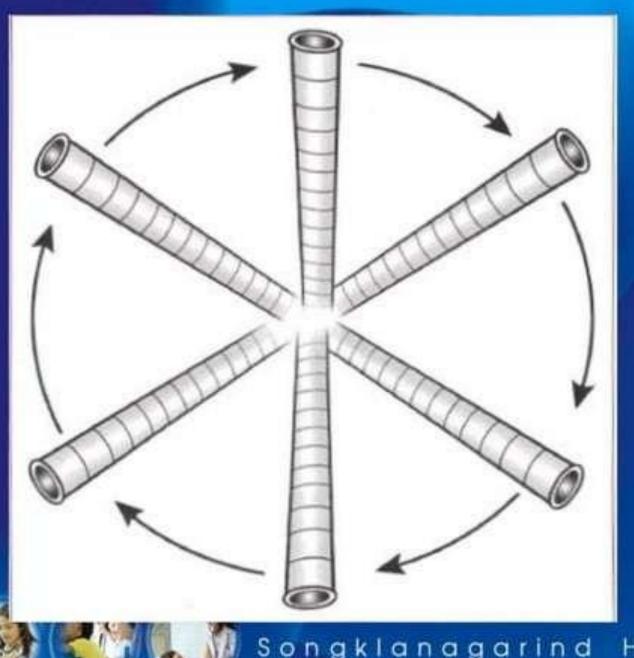




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Assessment

Inspect the colonic mucosa



#### Aftercare

OPD cases

Follow up



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## Complications

Perforation

Mucosal tear

Bleeding

Abdominal discomfort



Summary

Diagnosis and treatment method in ED









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latrogrenic

Severe pain

Complications; ulcer, infection, gangrene



Indications

All paraphimosis



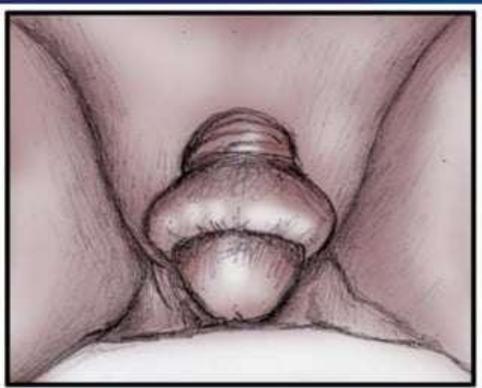
Contraindications

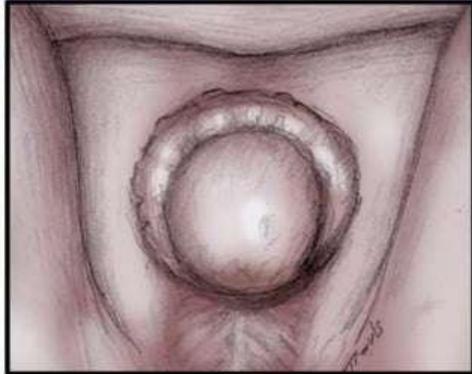
Nonsurgical; ulcer, gangrene





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#### Equipments

Jelly

Xylocaine

Glove

Etc. Babcock, clamp



#### Patient preparation

Inform consent

Nonsurgical and surgical

Local +/- general anesthesia



#### Technique

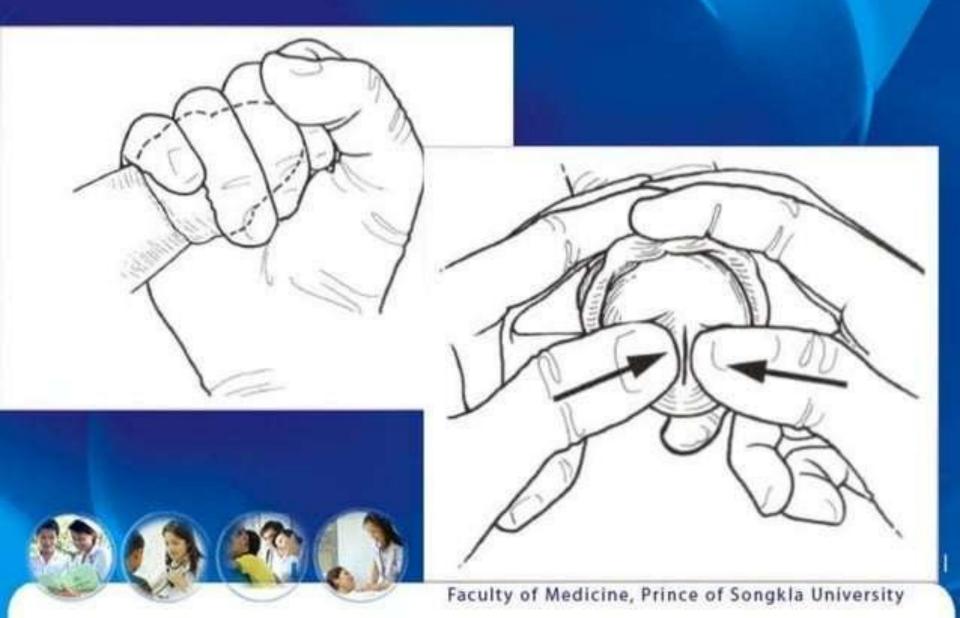
Manual reduction

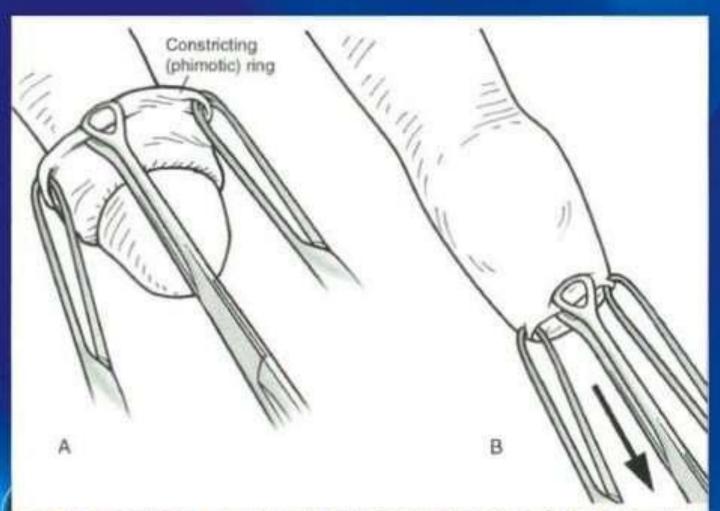
Babcock clamp

Needle decompression

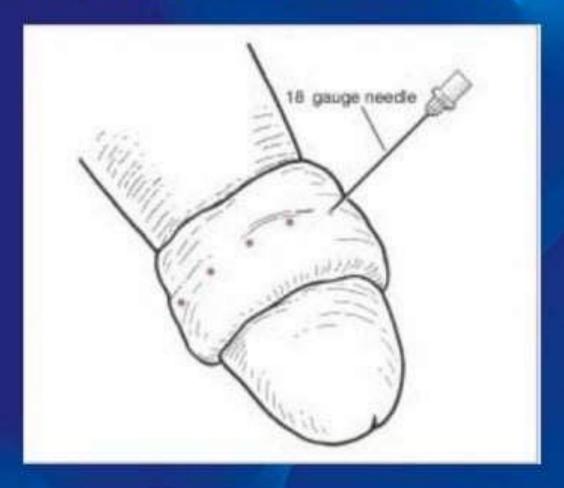
Dorsal slit of foreskin



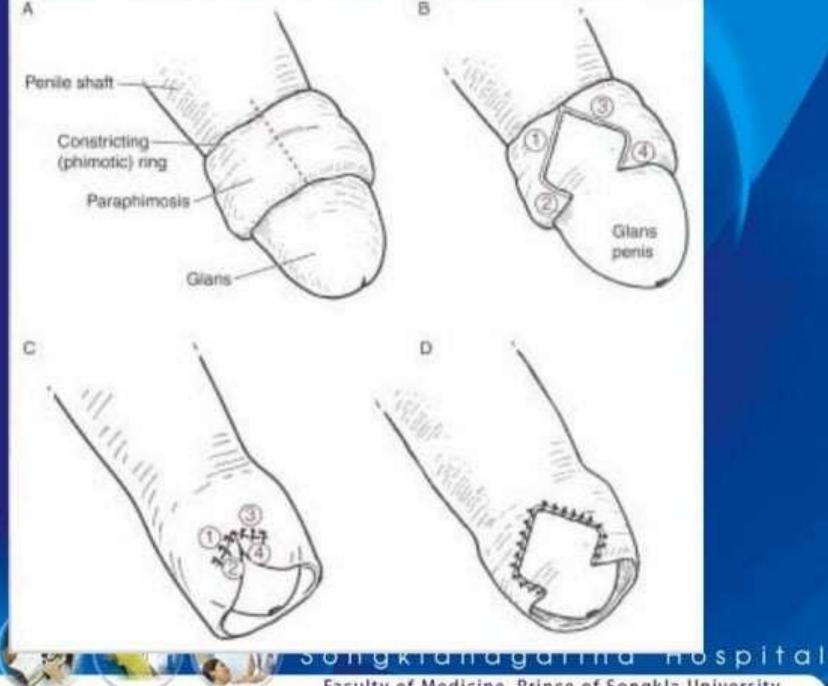




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## Paraphimosis reduction

#### Aftercare

Wound care

Avoid SI 4-6 weeks

Schedule for circumcision



## Paraphimosis reduction

## Complications

Incomplete reduction

Pain

Trauma







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Common locations; leg, forearm, gluteal

Causes; crust, swelling, thrombosis

Persistent and progressive pain

Pressure > 30 mmHg consider fasciotomy



Underlying condition	Number of patients	Percentage
Tibial diaphyseal fracture	59	36.0
Soft tissue injury	38	23.2
Distal radial fracture	16	9.8
Crush syndrome	13	7.9
Diaphyseal fracture of the radius and/or ulna	13	7.9
Femoral fracture	5	3.0
Tibial plateau fracture	5	3.0
Hand fractures	4	2.5
Tibial pilon fractures	4	2.5
Foot fractures	3	1.8
Ankle fracture	1	0.6
Elbow fracture-dislocation	1	0.6
Pelvic fracture	1	0.6
Fracture of the humerus	1	0.6
Total	164	100.0

Advantages

Facilitate limb salvage



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Disadvantages

False negative & false positive



#### Indications

Increasing pain and muscle swelling

Absence of pulse

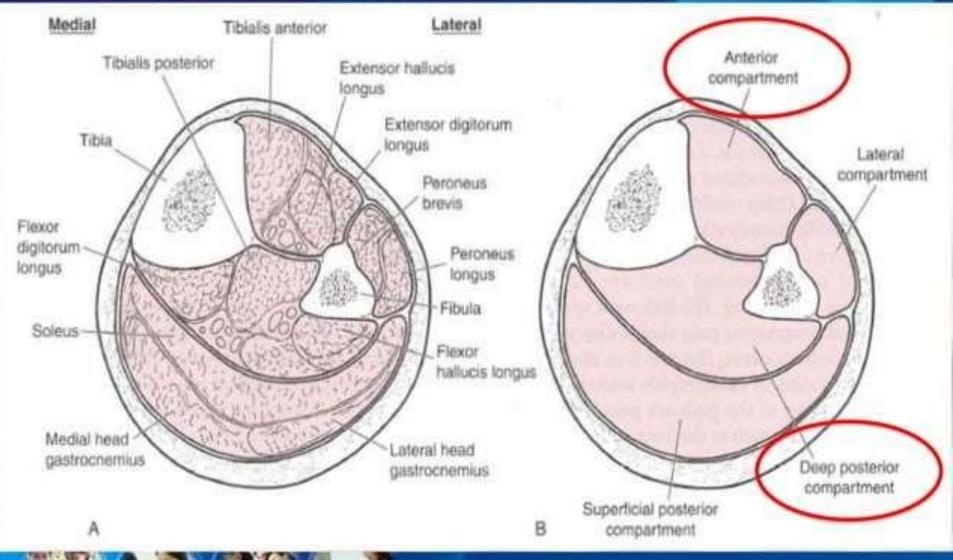
Clinical correlation



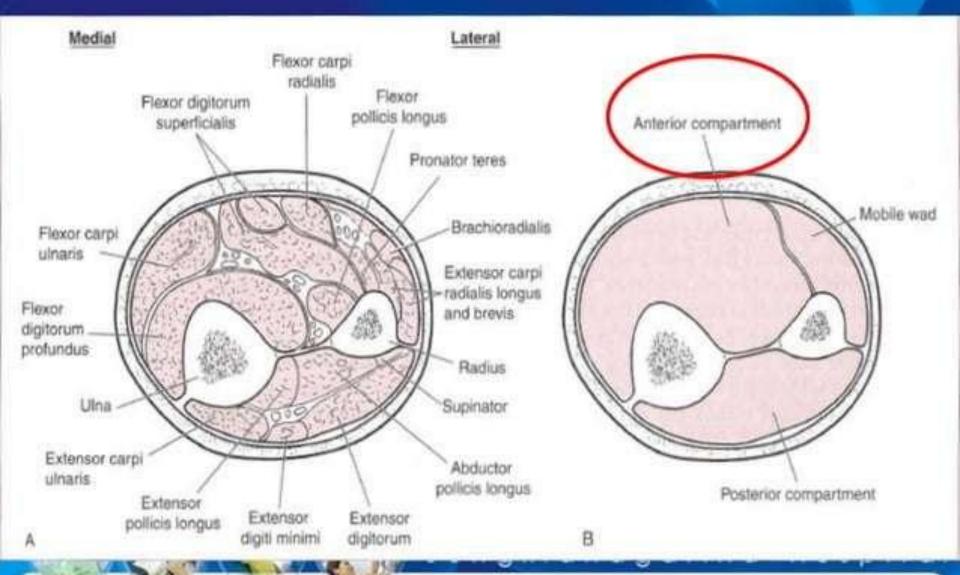
Contraindications

None





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## Equipments

Intravenous extension tube

18 gauge needle

20 ml syringe

3 ways stopcock

Sterile saline

Manometer



## Patient preparation

Inform consent

Sterile technique



## Technique

Single measurement\*

Continuous monitoring

\*Whitesides et al. Arch Surge 1975



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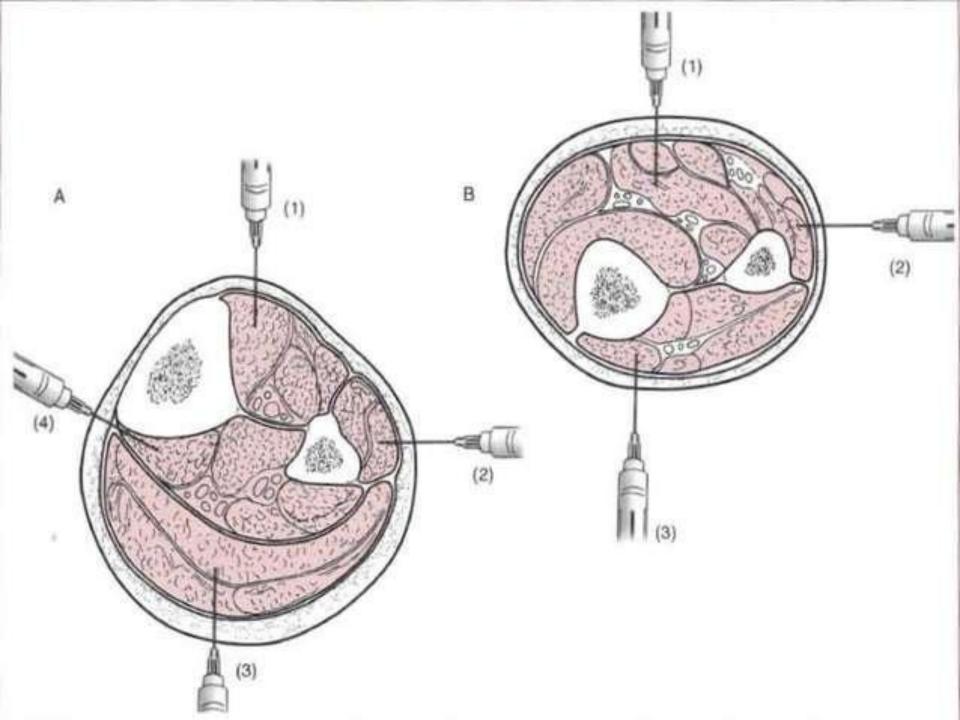
## Technique

No exactly location

5 cm distance proximal and distal to fracture site

Maximal tightness site





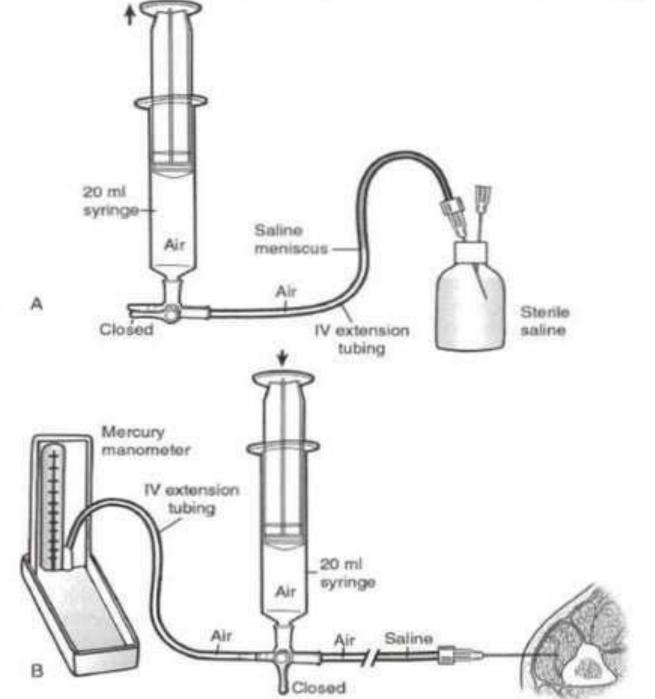
Compartment	Needle insertion site	Insertion depth (cm)
Anterior	I cm lateral to the anterior tibial ridge and directed perpendicular to the long axis of the leg	1.0-3.0
Lateral	Just anterior to the posterior border of the fibula and directed toward the fibula	1.0-1.5
Superficial posterior	3 cm medial or lateral to a vertical line drawn through the midcalf	2.0-4.0
Deep posterior	Just posterior to the medial border of the tibia, directed posterolaterally and toward the posterior border of the fibula	2.0-4.0



Compartment	Needle insertion site	Insertion depth (cm)
Anterior	1.5 cm medial to a vertical line drawn through the middle of the forearm	1.0-2.0
Mobile wad	Perpendicular to the long axis of the radius and into the muscles lateral to the radius	1.0-1.5
Posterior	1-2 cm lateral to the posterior aspect of the ulna	1.0-2.0

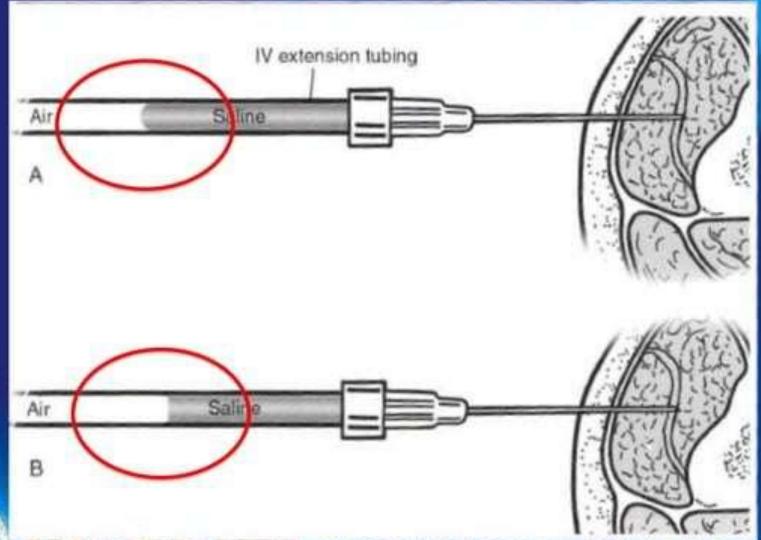


Co





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Aftercare

Wound dressing



## Complications

Infection

Neurovascular injury

False negative and false positive



Summary

Essential diagnostic method



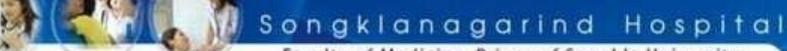


# Controversial in

# Surgical Emergency

13 March 2010

นพ.ประสิทธิ์ วุฒิสุทธิเมธาวี ภาควิชาเวชศาสตร์ฉุกเฉิน คณะแพทยศาสตร์ มหาวิทยาลัยสงขลานครินทร์





Management in penetrating abdominal injury

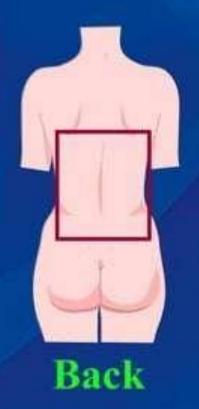
Traumatic pneumothorax, hemothorax





# **External Anatomy**





Anterior abdomen

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# Unrecognized intra-abdominal injury

Leading causes of preventable death



# Penetrating Mechanism

- > Stab
  - Low energy
  - Lacerations
- > Gunshot
  - High energy

- Transfer of kinetic energy
- Cavitation
- Tumble
- Fragments



## **Penetrating Mechanism**

## Common injuries?

- > Low Energy
  - Liver
  - Small bowel
  - Diaphragm
  - Colon

- High Energy
  - Small bowel
  - Colon
  - Liver
  - Vascular

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## **Assessment**

Evaluate and manage perineal, rectal, vaginal, or gluteal



## **Assessment: Gunshot Wound**

- Tangential?
- Exit wound?
- Likely injuries?

- X-rays?
- Lab determinations?



## Cause of Abdominal trauma

Penetrating

Entrance and exit wounds are important

Sometime trajectory is not straight





# Indications for celiotomy

#### **Penetrating Trauma**

- Hypotension
- Peritoneal / retroperitoneal injury
- Peritonitis
- Evisceration
- > + DPL, FAST, or contrast CT



### Treatment: Stab wound





### Treatment: Stab wound

Local wound exploration

No penetration

Observation

Penetration or equivocal

Diagnostic laparoscopy (optional triple contrast CT) (FAST)

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### Treatment: Stab wound

Diagnostic laparoscopy



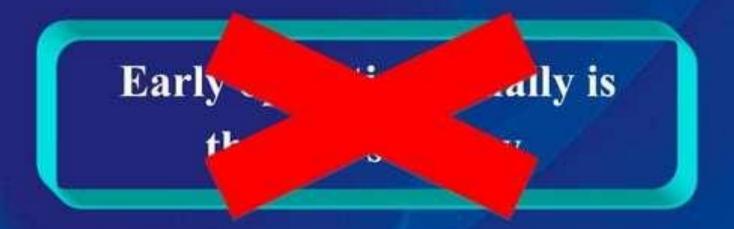
Observation

Extensive penetration

Opened explore lap



# **Management: Gunshot Wound**









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# Operation

Pro

Con

Do not missed

Less facility

Definite

Unnecessary explore-lap 25-40%

**Prolong LOS** 

Post-op conditions 2.5-42%



Pro

Con

Reduce unnecessary explore-lap

Reduce cost, LOS

Reduce morbid form surgery

Delay surgery

**Need facility** 

Need team

Close monitoring

naba et al. Adv Surg 2007 Songklanagarina

Hospital

Nance et al. Annals of Surgery 1974

NOM in penetrating abdominal stab wound

1,180 pts, 53% negative laparotomy, 266 pts NOM (4% op)

Lower complication



651 patients knife wounds to anterior abdomen

345 (53%) acute abdomen sx -> immediate operation (5% unnecessary)

306 (47%) conservative management **including** patients with omental evisceration, free air, blood on paracentesis, shock on admission (this group remains a bit controversial)

11 (3.6%) required subsequent operation -> no mortality

Of 467 pts with peritoneal penetration, 27% had no intra-abdominal injury

Demetriades D, Rabinowitz B. Indications for operation in abdominal stab wounds: A prospective study of 651 patients. Ann Surg 1987, 205(2):129-32.

330 patients over 12 months

154 (47%) acute abdomen, underwent immediate celiotomy Even of these, 31% negative

176 (53%) observed 3 (1.7%) injuries required celiotomy (no adverse effects)

Shorr RM, Gottlieb MM, et al. Selective management of abdominal stab wounds: Importance of the physical examiantion. Arch Surg 1988, 123(9):1141-5.



102 pts without generalized peritonitis or hemodynamic instability
51 mandatory laparotomy
51 expectant management (4 required delayed laparotomy)

Morbidity: 19% laparotomy 8% observation Hospital stay: 5d laparotomy, 2d observation

US\$2,800 saved per patient who avoided laparotomy

Leppaniemi AK, Haapiainen RK. Selective nonoperative management of abdominal stab wounds: prospective, randomized trial. World J Surg 1996, 20(8):1101-5.

111 patients with GSW to abdomen

Laparotomy decision based on physical examination alone

80% immediate laparotomy 8% negative lap

20% conservative management None required delayed laparotomy

Muckart DJ, Abdool-Carrim AT, King B. Selective conservative management of abdominal gunshot wounds: a prospective study. Br J Surg 1990, 77(6):652-5.



146 pts with GSW to abdomen

105 (72%) acute abdomen, immediate exploration

41 (28%) equivocal or minimal exam, observed 7 (17% of observed group) required laparotomy, no added morbidity

Demetriades D, Charalambides D, et al. Gunshot wound of the abdomen: role of selective conservative management. Br J Surg 1991, 78(2):220-2.



Arch Surg 1998

DPL prediction for intra-abdominal organs injury

Prospective, 2 urban trauma center, hemodynamic stable

44 pts

DPL 91% prediction for intra-abdominal organs injury



8 year period at one trauma center 1856 patients seen with abdominal GSW 1405 anterior. 451 posterior.

792 managed nonoperatively (34% anterior, 68% posterior).

Exclusion criteria: peritonitis, hemodynamic instability, unreliable exam

Velmahos, Demetriades, et al. Selective Nonoperative Management in 1,856 Patients with Abdominal Gunshot Wounds. Ann Surg. 2001; 234(3):395-403.

4% progressed to delayed laparotomy only 61% needed even this laparotomy 0.3% had complications related to delay of operation (abscess, pneumonia, ileus)

Cost analysis:

routine laparotomy: 47% would have been unnecessary
3560 hospital days saved
\$10 million saved

Velmahos, Demetriades, et al. Selective Nonoperative Management in 1,856 Patients with Abdominal Gunshot Wounds. Ann Surg. 2001; 234(3):395-403.

#### Laparotomies (Anterior, Posterior GSW):

Immediate laparotomy	66%	32%
Immediate negative laparotomy	12%	23%
Initial nonoperative management	34%	68%
Delayed laparotomy	5%	3%
Delayed negative laparotomy	26%	40%

Velmahos, Demetriades, et al. Selective Nonoperative Management in 1,856 Patients with Abdominal Gunshot Wounds. Ann Surg. 2001; 234(3):395-403.



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Chiu et al. Journal of Trauma 2001

NOM in penetrating abdominal injury

Prospective, hemodynamic stable, triple contrast CT

75 pts, 49 pts negative CT, 47 (96%) success

CT accurate to determine the need for surgery



Demetrios et al. Annals of Surgery 2006

NOM in penetrating abdominal solid organs injury

Prospective, 20 months, level I trauma center, hemodynamic stable, CT no hollow visceral injury

152 pts, 28% NOM, laparotomy 3

High success rate and low complication



Beekly et al. Journal of Trauma 2008

NOM in penetrating fragmented wound

Retrospective, 6 months, hemodynamic stable, CT no hollow visceral injury

145 pts, 85 (59%) NOM

CT 99% prediction for success



Goodman et al. AJR 2009

Penetrating abdominal injury, hemodynamic stable

Review and Metaanalysis

Sense 94.9, Spec 95.4

Low PPV to determine the need for laparotomy



Smith et al. Ann R Coll Surge Engl 2010

Penetrating abdominal injury, hemodynamic stable

Military patients

28 pts, 13 negative CT, 12 success NOM

CT prevent unneccessary laparotomy



Como et al. J Trauma 2010

Penetrating abdominal injury

Review and meta-analysis

Not routinely laparotomy in penetrating abdominal injury

CT consider to select patient for NOM



# Hemodynamically stable, No diffuse abdominal tenderness CT then OPERATIVE vs. EXPECTANT

1/3 have no significant injuries (Demetriades, Cornwell, et al, Arch Surg, 1997)
2/3 to back have no sign. injuries (Velmahos, Demetriades, et al, Am J Surg, 1997)

CT can demonstrate trajectory, relation to vital structures, Site and size of solid organ injury, presence of pseudoaneurysm

<5% of pts managed nonoperatively will need subsequent laparotomy <0.5% will have any associated complications from the delay

In non-trauma centers, mandatory laparotomy still reasonable



Benefit: Avoidance of Unnecessary Laparotomies

Analysis of 16 major studies, 8111 SW/GSW patients

1667 (21%) unnecessary laparotomies with 11% morbidity

(pneumonia, ileus, wound ifxn, SBO, incisional hernia)

Higher length of stay (5-10d vs 1-2d)

Much higher cost (up to \$10,000 extra hosptial charges per patient)

Sequelae: Consequences of Missed Injuries

Analysis of 5 prospective studies, 728 patients
25 (3.4%) with delayed diagnosis of injuries
7 (28%) complications, no deaths
(wound ifxn, abscess, ARDS, pancreatic fistula)

### Negative laparotomy

459 patients explored for stab wounds 172 (37%) negative laparotomies

147 without extra-abdominal injuries, postop morbidity 17% Postop complications prolonged hospital stay by 4.6 days

25 with extra-abd injuries, postop morbidity 44%

Leppaniemi A, Salo J, Haapiainen R. Complications of negative laparotomy for truncal stab wounds. J Trauma 1995, 38(1):54-8.



### Negative laparotomy

254 unnecessary laparotomies studied prospectively

41.3% complications:

15.7% significant atelectasis

11.0% postop HTN requiring medical treatment

9.8% pleural effusion

5.1% pneumothorax

4.3% prolonged ileus

3.9% pneumonia

3.2% wound infection

2.4% SBO

1.9% urinary infection etc.

Renz BM, Feliciano DV. Unnecessary laparotomies for trauma: a prospective study of morbidity. J Trauma 1995, 38(3):350-6.

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### Negative laparotomy

1062 operations for penetrating injury, retrospective over 3 years
860 abdominal
230 (22%) nontherapeutic
8.2% complications directly related to anesthesia or operation
1 death (0.4%)

Average length of stay:
Uncomplicated nontherapeutic operation 5.1d
Nontherapeutic operation with complications 11.9d

Hasaniya N, Demetriades D, et al. Early morbidity and mortality of non-therapeutic operations for penetrating trauma. Am Surg 1994, 60(10):744-7.

Hemodynamically stable, No diffuse abdominal tenderness
SERIAL EXAMS

Physical exam only 3% false negative.. 94% accuracy
Better than CT, DPL, other studies
Local wound exploration useless, no longer practiced

Usually no other studies needed
Consider CT for suspected liver or renal injuries
Consider rigid sigmoidoscopy for rectal blood

Lanaroscopy generally not useful, some groups doing studies

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Diffuse abdominal tenderness



Laparotomy

Hemodynamic Stability?

Algorithm (Mattox & Moore, 2004)



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No diffuse abdominal tenderness Hemodynamic stable



Left thoraco-abdominal injury?

Other causes of hemodynamic lability present?

> Algorithm (Mattox & Moore, 2004)



No diffuse abdominal tenderness Hemodynamic stable Lt. thoraco-abdominal injury



Laparoscopy

Stab wound - observe

GSW – CT and observe/operate



Songklanage Faculty of Medicine, Prin

Algorithm (Mattox & Moore, 2004)

No Diffuse Abdominal Tenderness
Hemodynamically Labile
Other causes of hemodynamic liability present?



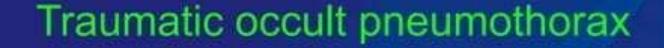
DPA (Diagnostic Peritoneal Aspiration)

Laparotomy

Positive – Laparotomy Negative – Continue workup elsewhere

Algorithm (Mattox & Moore, 2004)







N Engl J Med 2007 Songklanagarind Hospital

#### Table 1. Indications for Chest-Tube Insertion.

#### Emergency

Pneumothorax

In all patients on mechanical ventilation

When pneumothorax is large

In a clinically unstable patient

For tension pneumothorax after needle decompression

When pneumothorax is recurrent or persistent

When pneumothorax is secondary to chest trauma

When pneumothorax is latrogenic, if large and clinically significant

Hemopneumothorax

Esophageal rupture with gastric leak into pleural space

#### Nonemergency

Malignant pleural effusion

Treatment with sclerosing agents or pleurodesis

Recurrent pleural effusion

Parapneumonic effusion or empyema

Chylothorax

Postoperative care (e.g., after coronary bypass, thoracotomy, or lobectomy)



Observation/Aspiration

Risk for life-threatening condition

The Advanced Trauma Life Support



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Observation in occult pneumotthorax

Include positive pressure ventilation

Depend on patients status and planned procedures

Karim Brohi. Trauma.org 2006



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Observation

29.4 % without progression

Lu et al. Am J emerg Med 2008



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## Traumatic occult pneumothorax

Detect only by CT scan

Decrease LOS, cost, morbidity (atelectasis)

Patient comfortable

Small numbers in each papers



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Table 1

Author, country, date	Patient group	Study type	Outcomes	Key results	Study weaknesses
Garramone et al., 1991,USA	26 trauma patients aged 14-65 with occult pneumothorax (OPTX) on obdominal CT. Classified as <5×80 mm or >=5×80 mm	Retrospective chart review	Complications of OPTX, respiratory or haemodynamic compromise	No patient had haemodynamic or respiratory complications. Of 18 with small OPTX: 2 had chest drains for increasing subcutaneous emphysema, 1 for increasing PTX. Of 13 patients with larger OPTX 4 had prophylactic chest drains, 3 for increasing subcutaneous emphysema 2 for increasing effusion	Retrospedive Small numbers
Collins et al, 1992, USA	23 patients aged 18-82 with occult pneumothorax	Retrospective chart review	Length of hospital stay (mean)	13.4 days vs 8.8 days	Small study Retrospective
	Immediate chest tube (n = 12) vs observation (n = 11)		Length if ICU stay Complications	6.3 days vs 3.3 days  1 pt in immediate chest tube group: had laceration of intercostal artery.  2 abserved pts had eventual chest tubes for enlarging pneumothorax or haemothorax.	Not randomised
Enderson <i>et al</i> 1993 USA	40 adult trauma patients Randomized to immediate chest tube (n = 19) or observation (n = 21)	PRCT	Length of hospital stay Length of ICU stay Complications	12.9 vs 17.6 days 2.8 vs 3.2 days Immediate chest tube: 1 pneumonia, 8 atelectasis. Observation group 3 tension pneumothorax, 5 progression pneumothorax, 1 pneumonia, 1 empyema, 3 atelectasis	Small study
Wolfman et al 1998, USA	44 pts aged 17 months -70 yrs with occult pneumothorax, dassified according to size into miniscule, anterior or anterolateral. Chest tube inserted dependent on size and at trauma surgeons discretion	Prospective non-randomized	Complications	15/16 with miniscule observed, 2 had delayed chest drain for pneumothorax progression, 12/20 anterior observed 1 developed tension pneumothorax, 8 with anterolateral had immediate chest drain, no complications	Small numbers Both adults and children
Brosel et al 1999, USA	39 adult patients with occult preumothorax randomised to chest tube (n = 18) or observation (n = 21)	PRCT	Respiratory distress	1 pt with chest tube was intubated for stridor. 3 observed pts had resp distress with pneumathorax progression	Only 39 of 86 eligible pts recruited
Halmes et al 2000, USA	11 children <1 byrs with accult pneumathorax presenting to level 1 trauma centre. 1 had thest tube, 10 observed	Prospective observational cohort study	Complications	No haemodynamic or respiratory complications	Small numbers paediatric population

Can manage with or without chest drain

Observation decreased LOS, cost, morbidity

Depend on patients condition and facility







# Signs

Scrotum

edema

erythema

size

tender

Testis

location / axis

size

tender

consistency

erythema



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## Hemothorax

Age (host.)

Pain characteristic

Sexual function

+/- Undescended testis



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Age (host.)

Pain characteristic

Sexual function

+/- Undescended testis



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## Advantages

Pain characteristic

Sexual function

+/- Undescended testis



### Disadvantages

Pain characteristic

Sexual function

+/- Undescended testis



#### Indications

Pain characteristic

Sexual function

+/- Undescended testis



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#### Contraindications

Pain characteristic

Sexual function

+/- Undescended testis



Anatomy



## Equipments



Patient preparation



Technique



Assessment



Aftercare



## Complications



Summary



### Paraphimosis management

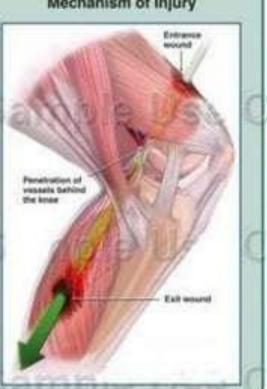
Age (host.)

Pain characteristic

Sexual function

+/- Undescended testis



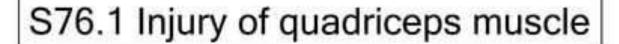






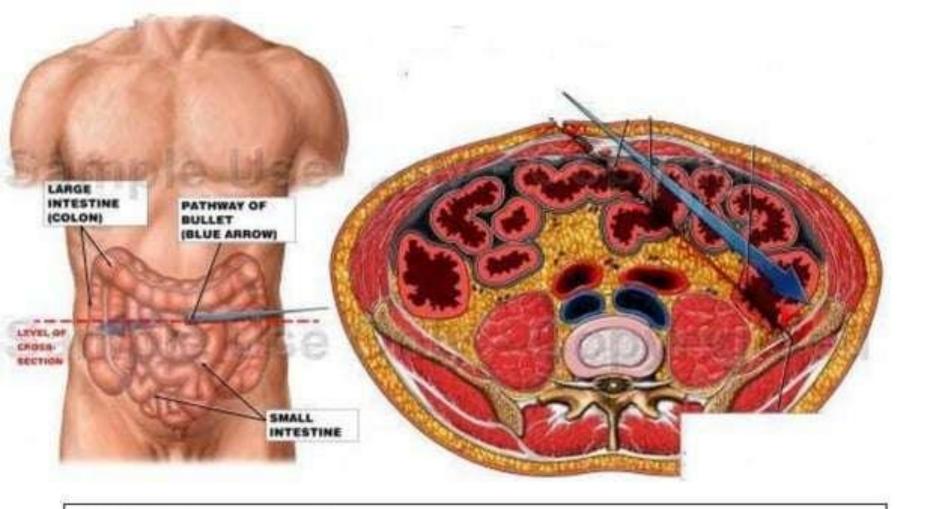






S42.31 Open fracture of shaft of humerus

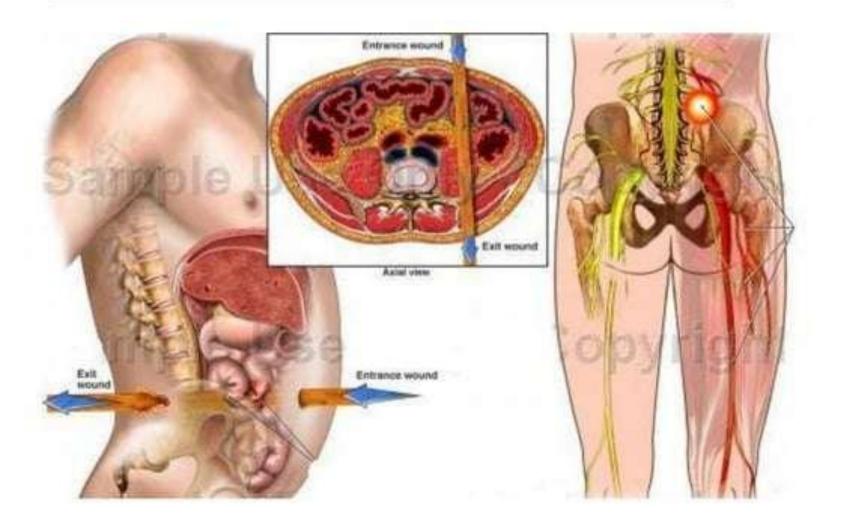




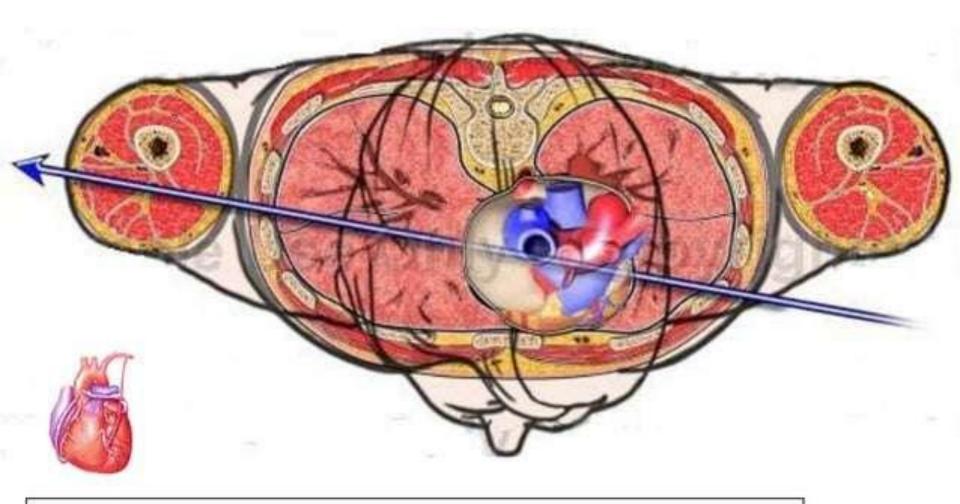
S36.41 Injury of small intestine with open wound

S36.51 Injury of colon with open wound

#### S36.51 Injury of colon with open wound



S34.21 Injury of nerve root of lumbar spine



S26.01 Injury of heart with haemopericardium

S27.21 Traumatic haemopneumothorax

