

Common Mental Disorders

1. Affective Disorders
2. Schizophrenia
3. Anxiety Disorders
4. Somatoform & dissociative disorders

Affective (Mood) Disorders

Bipolar Affective Disorders

a) Uni polar Depression

b) B.A.D (manic or depressive)

DEPRESSION

as a mood

as a syndrome

as an illness

Mania

- Aetiology
 - a) genetics
 - b) personality
 - c) biochemistry
 - d) stress
- Clinical features
- Differential diagnosis
- Management

Depression

- Criterion

1. External precipitants

2. Psychosis

3. Time of occurrence

4. Clinical basis

- Sub division

- Exogenous (reactive)

- Endogenous

- Neurotic

- Psychotic

- Puerperal

- Menopausal

- Involutional

- Retarded

- Agitated

- Atypical

- Masked

DEPRESSION

- AETIOLOGY
- a) Genetic
- b) Sex(common in females)
- c) Social status
- d) Social causes &(Stress)
- e) Age
- f) Physiological & disease causes
- g) Drugs
- h) Biochemistry
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DEPRESSION

- CLINICAL FEATURES
- a) appearance & behavior (general & motor)
- b) mood
- c) talk
- d) thinking
- e) anxiety & agitation
- f) loss of interest (anhidonia)
- g) hypochondria
- h) perceptual disorders
- i) sleep
- j) appetite
- k) diurnal variation
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DEPRESSION

- **Suicide & Para suicide**

- **PREVALENCE**

- 93% mentally ill
- 70 depressed & 15 alcoholic 5 misc.

- **AGE & SEX**

- **SUICIDE POINTERS**

- a) severe sleep disturbance
- b) previous suicide attempt
- c) family history even talk & preoccupation
- d) severe hypochondrias is
- e) social isolation
- f) persistent feelings of guilt & self depreciation

DEPRESSION

- Differential Diagnosis
- Management
 - a) drug treatment
 - b) psychotherapy
 - c) physical therapy (ECT)
- PROGNOSIS

SCHIZOPHRENIA

Kraepelin 1896 & Bleuer 1911

- Aetiology (multi factorial)
- Psychopathology & psycho neuro chemistry
- Clinical features
- Schniderian 1st rank symptoms
- Types
- Differential diagnosis
- Mangement

ANXIETY DISORDERS

- **Types & classification:**
- 1-Panic Disorders
- 2- Generalized Anxiety Disorder (GAD)
- 3-Specific Phobias & Agoraphobias
- 4-Social Phobia
- 5-Obsessive –Compulsive Disorder (OCD)
- 6-Post traumatic Stress Disorder (PTSD)
- 7-Secondary to medical conditions
/substances abuse

Somatoform & Dissociative Disorders

Conversion Reaction

Hypochondriasis

Depersonalization neurosis

Mental disorders specific to Dentistry

- DENTAL PHOBIA

BRUXISM (Teeth grinding)

- **Causes, and risk factors**

- 1-stress
- 2-Duration & tightness of clenching & grinding
- 3- Misaligned teeth
- 4- posture
- 5 Ability to relax
- 6- diet
- 7-sleeping habits

BRUXISM (Teeth grinding)

- **1- Dental Symptoms & signs**
- Temporo mandibular Joint problems
- Wear down teeth.
- Hot, cold, or sweet teeth sensitivity
- **2-Mental symptoms.& signs**
- Anxiety ,Stress & Tension
- Depression
- Head &Ear ache (persistent Pain)
- Eating disorders
- Insomnia for the patient & his sleeping partner(noise)

BRUXISM (Teeth grinding)

- **Treatment**

- Aim is to :Reduce pain, prevent permanent damage to the teeth, and reduce clenching as much as possible.
- Through : Physical therapy & Relaxation
- 1- Mouth splint
- 2 Stress reduction & Anxiety Mangement
- 3-Drugs
 - clonazepam
 - Clonidine
- **Complications**
- Depression
- Eating disorders
- Insomnia
- Increased dental or TMJ problems